

COFFEE & HOT DRINKS

- EXPRESSO
- COFFEE
- DOUBLE COFFEE
- CINNAMON COFFEE
- CARDAMONE COFFEE
- CORTADO
- CAFE CON LECHE
- CAPPUCINO
- LAIT RUSSE
- CARAJILLO
- TRIFÁSICO
- HOT MILK
- HOT CHOCOLATE
- LUBUMBA
- HOT WINE
- *ANY MILK CAN BE SUBSTITUTED

TEA & INFUSIONS

- MAO FENG thé vert
- DAJEELING thé noir
- BONNE HUMMEUR
- BONJOUR ENSOLEILLÉ
- TISANE RAFRAICHISSANTE
- TISANE DU SOIR
- BAISER PRINTANIER
- LÂCHE PRISE
- ANGE PROTECTEUR
- TISANE ÉNERGIE
- TISANE HARMONIE
- TISANE DES FEMMES

SMOOTHIES

- 2.5 BE HAPPY apple, lemon, hazelnuts, milk
- 2.5 GREEN DAY avocado, walnuts, milk, honey
- 3 TENTATION red fruits, poppy seed, milk
- 3 CHILL OUT banana, dates, milk
- 3 GOURMAND banana, chocolate, milk
- 3.5 SECRET DE JEUNESSE blueberries, almonds, honey, milk
- 4 BRAZIL pineapple, ginger, milk
- 4 FRAPPÉ À LA BANANE coffe
- 4 *ANY MILK CAN BE SUBSTITUTED

ALTERNATIVES SODAS

- 4.5 STILL/SPARKLING WATER (20 cl/1 L) 2/6
- 8.5 ICE TEA Oh So Fair (33 cl) 3
- 5.5 COLA Oh So Fair (33 cl) 3
- LEMONADE Naturfrisk (25 cl) 4
- ORANGEADE Naturfrisk (25 cl) 4
- BITTER LEMON Naturfrisk (25 cl) 4
- GINGER ALÉ Naturfrisk (25 cl) 4
- INDIAN TONIC Naturfrisk (25 cl) 4
- 3 REAL FRESH JUICES
- 3 LEMON lemon, fresh mint, water 5
- 3 GINGER ginger, lemon, water 5.5
- 3 ORANGE orange, lemon 5
- 3 CARROT orange, carrot 6
- 3 APPLE apple 5.5
- 3 TOMATE tomatoes 6
- 3 ENERGIE + pineapple, apple, celery 6.5
- 3 STRESS LESS orange, banana, red fruit 6.5
- MIX-MINCEUR orange, pineapple, red fruits, fresh mint 6.5
- EL SALVADOR orange, egg, cinnamon 6

WINES by Biodyvino

- 7 WHITE
- 8.5 LOBETIA CHARDONNAY Tierra de Castilla 5/22
- 6.5 COSTAPLANE VERMENTINO Languedoc 6/26
- ROSE
- 5.5 DOMAINE DU PETIT ROUBIÉ Herault 5/22
- 6.5 RED
- 7 LOBETIA TEMPRANILLO Tierra de Castilla 5/22
- 5.5 VIÑA IALBA LIVOR Rioja 6/26
- PARKLING WINE
- CAVA MISOLFA BRUT RESERVA Penedès 6.5/30

SPIRITS & BREVERAGES


- 4 APERITIF
- 4 HALF&HALF 6
- 4 KIRR 7
- 4 CARDINAL 6
- 4 PINEAU DE CHARANTES 5
- MUSCAT DE RIBESALTES 5
- PORTO FINEST RESERVE 5.5
- VERMOUTH BIANCO/ROSSO 6
- PASTIS 6
- DIGESTIF
- 5 AMARETTO 7
- 5 CALVADOS ARTISANAL 11
- 6 COGNAC 8
- 5.5 COGNAC 10
- 6 LIMONCELLO 5
- 6 GRAPPA 7
- 6.5 RHUM
- 6.5 PAPAGAYO WHITE 6
- 6 PAPAGAYO DARK 6.5
- PAPAGAYO DARK SPICED 6.5
- GUAJIRA BLANCO 6
- GUAJIRA AÑEJO 6.5
- RHUM BIO SPIRIT 8
- THE SISTER'S 8
- CÉSAR DARK 8.5
- PREMIUM RUM 12
- IGUAÇU, CACHAÇA DO BRASIL 8.5
- VODKA
- UK5 6
- BIOSTILLA VODKA 7
- WODKA BIO SPIRIT 8
- WODOTSCHKA 8
- PREMIUM VODKA 13
- WHISKY
- HIGHLAND HARVEST BLENDED MALT 8
- HIGHLAND HARVEST SINGEL MALT 12
- BENROMACH 1898 15
- GIN
- JUNIPER GREEN 6
- BIOSTILLA GIN 7
- WHITE SOCKS 8
- LA VITA È BELLA 9
- GIN BIO SPIRIT 10
- CLOUDS 13
- MO 12
- PREMIUM GIN 13
- TEQUILA
- BUEN AMIGO REPOSADO 100% AGAVE 9.5
- +2 WATER • +3/4 SOFT • +4 FRESH JUICE

FLIGHTS

DRAUGHT FLIGHT • x4 beer (16 cl) 10

BOTTLE FLIGHT • x4 beer (16 cl) 10

















**ONLY AVAILABLE FOR 2 OR MORE FLIGHTS*

choose from any four of the beers with our icon 

DRAUGHT BEERS









-  GRISSETTE blond • 5.5%  3/6
- SAISON DUPONT blond • 5.5%  3.5/6
- BLANCHE DU HAINAUT blanche • 5.5%  3.5/6
- TRIOMF amber • 6%  2.5/5
- GAGALEER dark • 7.5%  3.5/6
- GINETTE blonde • 5%  3.5/5

BLOND











- BIOLEGÈRE • 3.5% (25 cl)  3
- BUFFO • 4.8% (33 cl)  3.5
- SILLY • 5% (25 cl)  3
- SAISON • 5.5% (33/75 cl)  4/12
- CAMILLE • 5.2% (25 cl)  3
- MOINETTE • 7.5% (33/75 cl)  5.5/12
-  BRUNEHAUT • 6.5% (33 cl)  4.5
- KEIKOPPENBIER • 6.1% (33 cl)  4.5
- CANNABIER • 7% (33 cl)  4.5
- GAGELEER • 7.5% (33/75 cl)  5/15
- BELGO BIOLOO • 6.4% (33 cl)  5
- SAXO • 7.5% (33 cl)  5
- LEIREKEN • 6% (25 cl)  5
- ARVUM • 6% (33 cl)  5.5
- JESSENHOFKE MAYA • 6% (33 cl)  5
- LION 8 • 5% (33 cl) 6
- SARRAZEN • 6% (33 cl) 6
- BROGNE • 6.5% (33/75 cl) 8/17
- L'ADORÉE • 7% (33 cl) 5.5
- ALL INCLUSIVE IPA • 8% (33/75 cl) 6/19

BOTTLE BEERS

DARK

- ALFONCINE • 8.5% (33 cl)  3.5
- LEIREKEN • 6% (25 cl)  4.5
- KAMELEON • 7% (33 cl)  5
- JESSENHOFKE DARK • 7% (33 cl)  5
- ROOKOP • 5% (33/75 cl)  5/13
- JESSENHOFKE RESERVE • 10% (33 cl)  5.5
- NOSTRADAMUS • 9% (33 cl)  5
- ZWARTE MADAM • 9.3% (33/75 cl) 6/21
- BROGNE • 7% (33 cl) 8
- GAGELEER DARK • 7.5% (33/75 cl)  5.5

TRIPLE

- MODESTE • 7.8% (33 cl)  3.5
- KAMELEON TRIPLE • 8.5% (33 cl)  4.5
- JESSENHOFKE TRPL • 8% (33 cl)  4.5
- TRIPLE PLUKKER • 7.5% (33/75 cl)  4.5/13
- LIZA TRIPLE • 8.5% (33 cl)  5
- OUDSTRIJDER DOUBLE-TRIPLE • 7.8% (33 cl)  5
-  BRUNEHAUT • 8% (33 cl)  5.5
- TRINKEL • 8% (33 cl)  6
- LOUSBERG • 8% (33 cl)  6
- LUPULUS ORGANICUS • 8.5% (75 cl) 13










FRUITY

- LEIREKEN • 5.2% (25 cl)  5
-  BRUNEHAUT POMFRAIZ' • 5.5% (33 cl)  5.5
-  DUCASSIS • 3% (33 cl) 6
- BESSY • 5% (33 cl) 6
- GUEUZE CANTILLON 100% LAMBIC • 5% (37.5 cl) 10
- KRIEK CANTILLON 100% LAMBIC • (37.5 cl) 10







NON ALCOHOLIC

- BUDELDEL blond/white/dark • 0.0% (33 cl)  5.5

WHITE

- BLANCHE DU HAINAUT • 5.5% (25 cl)  3
- LA BLANCHE • 5.5% (25 cl)  3.5
- GRISSETTE BLANCHE • 5.5% (25 cl)  3.5
-  BRUNEHAUT • 5% (33 cl)  4.5
- QUINTINE • 5.9% (33 cl)  5
- LEIREKEN • 5% (25 cl)  5.5
- TROUBLETTE • 5% (33 cl)  5
- GAGELEER • 4.3% (33 cl)  5
- LION 5 • 5% (33 cl) 6

AMBER

- BIÈRE DE MIEL • 8% (33 cl)  5.5
- KAMELEON • 6.5% (33 cl)  4
-  BRUNEHAUT • 6.5% (33 cl)  4.5
- BELGOO BIOLOO • 7.8% (33 cl)  5
- CARACOLE • 7.5% (33 cl)  5.5
- LA ZOEVEL • 8% (33 cl) 6
- TRIOMF • 6% (33/75 cl) 4.5/15

COCKTAILS

- MOJITO 10
- FROZEN MOJITO 12
- CAIPIRINHA 10
- CAIPIROSKA 9
- BASILICOSKA 10
- AMARETTO SOUR 10
- WHISKY SOUR 10
- WHITE RUSSIAN 12
- TITO RUSSIAN 12
- GANDHI 10
- DAIQUIRI SOUR 10
- FROZEN FRUIT DAIQUIRI 15
- BRANDY ALEXANDER 12
- BLODY MARY 12
- GIN FIZZ 10
- CUBA LIBRE 10
- OLD CUBAN 16
- PIÑA COLADA 15

TAPAS

→ served with bread or gluten free bread

🌱 OLIVES	4
GOUDA CHEESE	5
BELGIAN DRIED SAUSAGE	5
BELGIAN MEAT BALL	4
MIX TAPAS olives, gouda cheese & dried sausage	10
MIX CHEESE gouda, brie & goat cheese	12
🌱 MIX VEGAN olives tapenade, dried tomato & tzatziki	10
ANTIPASTI meat ball, dried sausage, cheese paprika, grilled pepper, corn, tzatziki, olive tapenade, dried tomatoe	20
🌱 VEGAN ANTIPASTI avocado, dried tomato, grilled pepper, artichoke, tzatziki, beetroot, bean & chickpea tapenade, corn, olive tapenade	20
CHEESE PLATE mozzarella, brie, sheep feta, goat & gouda cheese	20

WELLNESS SOUP

→ served with bread or gluten free bread

🌱 VEGAN SOUP	5
SOUP with a BOILED EGG	7
SOUP with SHEEP FETA CHEESE	8
SOUP with a GIANT MEATBALL	8

FOCACCIA SANDWICHES

→ served with a cup of vegan soup/ ask for gluten free bread

NEVER CHANGE gouda cheese, tomato, cucumber & lettuce	9
GOOD TIMES gouda cheese, dried tomatoes, cucumber & rucicola	9
THE GENIUS gouda cheese, tomato, cucumber, boiled egg, mayo & lettuce	10
ONLY YOU belgium meat ball, tomato, moustard, avocado & salad	12
ONLY ME belgium meat ball, brie cheese, tomato & lettuce	12
TOGETHER belgium meat ball, mozzarella cheese, grilled pepper & rucicola	12
NICE TO MEET YOU belgium meat ball, tomato, cucumber, boiled egg, mayo & lettuce	12
ABOUT US mozzarella cheese, green olive tapenade, cucumber, grilled pepper & lettuce	12
ABOUT YOU mozzarella cheese, black olives tapenade, avocado, tomato, tomato & rucicola	11
LOLA goat cheese, black olives tapenade, grilled pepper & rucicola	10
THE SISTER goat cheese, beetroot, apple, walnuts & rucicola	11
THE BROTHER brie cheese, tomato, almonds & rucicola	9
🌱 READY TO MOVE green olives tapenade, avocado, grilled pepper, walnuts & lettuce	9
🌱 SMILE black olive tapenade, cucumber, tomato, avocado, sesame & rucicola	10
🌱 TAKE A SMILE bean tapenade, cucumber, dried tomato, artichoke & rucicola	10
🌱 MAKE ME SMILE beetroot, apple, avocado, moustard, sesame	10
🌱 FOREVER & EVER peanut butter, cucumber, mint, coconut flakes & lettuce	8
🌱 FOREVER YOUNG black olives tapenade, cucumber, artichoke, pumpkin seeds & rucicola	11
🌱 PATI apple, celery, avocado, dried tomato, walnuts & rucicola	11

THE SISTER DEWRAP

→ served with a bowl our home made vegan soup

🌱 RAW cabbage leaf, peanut butter, beetroot, corn, avocado, hemp seeds & flower seeds	13
🌱 RAW WITH SOY YOGURT cabbage leaf, peanut butter, beetroot, corn, avocado, hemp seeds, flowers seeds & soy yogurt	14
🌱 SESAME LENTILS FALAFELS sesame lentil falafels with chickpea flour & sauce	14
🌱 GINGER LENTILS FALAFELS ginger lentil falafels with chickpea flour & sauce	14
🌱 BEETROOT BEANS FALAFELS beetroot beans falafels with chickpea flour & sauce	14
🌱 SWEET peanut butter, banana, avocado & flower seeds -without soup-	10

SALADS

→ served with bread or gluten free bread

MOZZARELLA mozzarella cheese, cherry tomatoes & kalamata olives	14
SHEEP FETA sheep feta cheese, beetroot, walnuts, pomegranate & rucicola	14
🌱 CUCUMBER cucumber, dried tomato, kalamato olives, celery & soy yogurt with sesame seeds	14
🌱 CELERY & APPLE celery, apple, avocado, dried tomato, walnuts	14
🌱 POMEGRANATE cucumber, apple, avocado, pomegranate, pumpkin seed	14
🌱 ARTICHOKE CARPACCIO artichoke & hazelnuts	14

CAKES 🌱 🌱

BEETROOT & CAROB RAW CAKE	3.5
CARROT & GINGER RAW CAKE	3.5
VANILLA RAW CAKE	3
TEA MATCHA RAW CAKE	3
RAW BLISS BALL - COCO & CHIA-	3

WAFFLES

🌱 AGAVE SYRUP waffle with chickpea & rice flour & banana	6
🌱 CHOCOLATE waffle with banana & chickpea flour & rice flour	8
🌱 VANILLA SOY ICE CREAM & CHOCOLATE	10
🌱 GOAT CHEESE & HONEY waffle with banana & chickpea flour & rice flour	10
🌱 ANTIWAFFLE vanilla soy ice cream & chocolate	8

EASY PASTA

🌱 TOFU BASILIC complet pasta with marinated basilic tofu & vegan parmesan	14
🌱 TOFU ROSSO complet pasta with marinated tomato tofu & vegan parmesan	14

BREAKFAST

🌱 GOOD MORNING assorted bred with jam & peanut butter	6
🌱 VEGAN MORNING assorted bread with cucumber, tomato & vegan omelette with onion	12
🌱 ANOTHER VEGAN MORNING assorted bread with cucumber, tomato & vegan omelette with dried tomato	12
🌱 BELGIAN MORNING assorted bred with jam & peanut butter, vegan waffle with agave syrup	12
HEALTHY MORNING assorted bred with jam & peanut butter, a boiled egg, tomato, cucumber & sheep feta cheese	14
CHEESE MORNING assorted bread with jam & peanut butter, gouda & goat & brie cheese, tomato & cucumber	14
FRENCH MORNING assorted bread with cucumber, tomato & omelette (2 eggs)	14
BREXIT MORNING assorted bread with tomato, bacon & two fried eggs	14

MORE

bread	3
jam & peanut butter	3
1/2 avocado	3
cheese -goat, mozzarella, feta, gouda-	4
bacon	4
a boiled/fried egg/omelete	3/ 3.5/7

SUPER FOODS 🌱 🌱

→ choose your milk (Hemp, Oat, Soy, Goat or Cow)

CACAO	10
buckwheat & rice flakes, coconut sugar, cacao, banana, poppy seeds, spirulina	
COCO	10
buckwheat & rice flakes, coconut sugar, coconut flakes, banana, cajou nuts, maca powder	
BLUEBERRY	10
buckwheat & rice flakes, coconut sugar, blueberry, sunflower, wheatgrass	
AVOCADO	10
buckwheat & rice flakes, coconut sugar, avocado, walnuts, goji berries	
→ with Soy Yogurt	
APPLE	10
coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
BLUEBERRY	10
coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	
RED FRUITS	10
coconut oil, grilled red fruits, chia, pumpkin seeds, flower seeds, walnuts, dates, agave syrup	

BUDDHA BOWL

🌱 AVOCADO BUDDHA BOWL buckwheat, bean, beetroot, apple, avocado, pomegranate, rucicola, poppy seeds & tahini sauce	12
🌱 EGG BUDDHA BOWL buckwheat, chickpea, boiled egg, beetroot, apple, pomegranate, rucicola, poppy seeds & tahini sauce	13
MEAT BALL BUDDHA BOWL buckwheat, chickpea, meat ball, beetroot, apple, pomegranate, rucicola, poppy seeds, sprouted shoots & tahini sauce	14

- 🌱 VEGAN
- 🌱 GLUTEN FREE
- 🌱 LACTOSE INTOLERANCE

The Sister provides vegetable milk for vegans and goat milk for lactose intolerant. We provide stevia, raw honey, agave syrup or brown sugar.

We make our juices « à la minute » exclusively from fresh organic fruits and vegetables and alternative soda for a healthy soft drinks option.

Food & drinks also available to take away