



THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

TAPAS

→ served with bread or gluten free bread

MIX TAPAS olives, gouda cheese & dried sausage	10
MIX MEAT olives, dried sausage & belgium meat ball	10
Ⓟ MIX VEGAN olives tapenade, dried tomato & tzatziki	10
MIX CHEESE olives, gouda & goat cheese	12
Ⓟ MIX "CHEESE" mozzarisella, smokeyrisella, bluerisella "cheese"	13
ANTIPASTI meat ball, dried sausage, cheese paprika, grilled pepper, corn, tzatziki, olive tapenade, dried tomato	20
Ⓟ VEGAN ANTIPASTI avocado, dried tomato, grilled pepper, artichoke, tzatziki, beetroot, bean & chickpea tapenade, corn, olive tapenade	20

FALAFELS

→ served with a bowl of our home made vegan soup

ⓅⓆ SESAME LENTILS FALAFELS lettuce leaf, sesame lentil falafels with chickpea flour & sauce	14
ⓅⓆ GINGER LENTILS FALAFELS lettuce leaf, ginger lentil falafels with chickpea flour & sauce	14
ⓅⓆ BEETROOT BEANS FALAFELS lettuce leaf, beetroot beans falafels with chickpea flour & sauce	14

WELLNESS SOUP

→ served with bread or gluten free bread

Ⓟ VEGAN SOUP	5
Ⓟ SOUP with SEEDS -sesame, poppy and hemp-	7
SOUP with a BOILED EGG	7
SOUP with GOAT CHEESE	8
SOUP with a GIANT MEAT BALL	8
Ⓟ SOUP with LENTILS, RED BEANS, CHICKPEA	9

SALADS

→ served with bread or gluten free bread

Ⓟ MOZZARISELLA mozzarisella "cheese", cherry tomatoes & kalamata olives	16
Ⓟ SMOKEYRISELLA smokeyrisella "cheese", cherry tomatoes & kalamata olives	16
Ⓟ BLUERISELLA bluerisella "cheese", beetroot, walnuts, pomegranate & rucola	16
Ⓟ CUCUMBER cucumber, dried tomato, kalamato olives, celery & soy yogurt with sesame seeds	14
Ⓟ CELERY & APPLE celery, apple, avocado, dried tomato, walnuts	14
Ⓟ POMEGRANATE cucumber, apple, avocado, pomegranate, pumpkin seed	14
Ⓟ ARTICHOKE CARPACCIO artichoke & hazelnuts	14

→ Food & drinks also available to take away

→ The Sister provides vegetable milk for vegans and goat milk for lactose intolerant. We provide stevia, raw honey, agave syrup or brown sugar.

→ We make our juices « à la minute » exclusively from fresh organic fruits and vegetables and alternative soda for a healthy soft drinks option.

Ⓟ VEGAN

Ⓠ GLUTEN FREE ask for a gluten free bread

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 PASSWORD: ORGANICTHESISTER

FOCACCIA SANDWICHES

→ served with a cup of vegan soup/ ask for gluten free bread

NEVER CHANGE gouda cheese, tomato, cucumber & lettuce	9
GOOD TIMES bluerisella "cheese", dried tomato, cucumber & ruccola	11
THE GENIUS gouda cheese, tomato, cucumber, boiled egg, mayo & lettuce	10
ONLY YOU belgium meat ball, tomato, moustard, avocado & lettuce	12
ONLY ME belgium meat ball, gouda cheese, tomato & lettuce	12
TOGETHER belgium meat ball, gouda cheese, grilled pepper & ruccola	12
NICE TO MEET YOU belgium meat ball, tomato, cucumber, boiled egg, mayo & lettuce	12
ABOUT US mozzarisella "cheese", green olive tapenade, cucumber, grilled pepper & lettuce	12
ABOUT YOU mozzarisella "cheese", black olives tapenade, avocado, tomato & ruccola	11
LOLA goat cheese, black olives tapenade, grilled pepper & ruccola	10
THE SISTER goat cheese, beetroot, apple, walnuts & ruccola	11
THE BROTHER smokeyrisella "cheese", tomato, almonds & ruccola	10
READY TO MOVE green olives tapenade, avocado, grilled pepper, walnuts & lettuce	9
SMILE black olive tapenade, cucumber, tomato, avocado, sesame & ruccola	10
TAKE A SMILE bean tapenade, cucumber, dried tomato, artichoke & ruccola	10
MAKE ME SMILE beetroot, apple, avocado, moustard, sesame	10
FOREVER & EVER peanut butter, cucumber, mint, coconut flakes & lettuce	8
FOREVER YOUNG black olives tapenade, cucumber, artichoke, pumpkin seeds & ruccola	11
PATI apple, celery, avocado, dried tomato, walnuts & ruccola	11

BUDDHA BOWL

AVOCADO BUDDHA BOWL buckwheat, bean, beetroot, apple, avocado, pomegranate, ruccola, sun flower seeds, sprouted shoots & tahini sauce	12
EGG BUDDHA BOWL buckwheat, chickpea, boiled egg, beetroot, apple, pomegranate, ruccola, sun flower seeds, sprouted shoots & tahini sauce	13
MEAT BALL BUDDHA BOWL buckwheat, chickpea, meat ball, beetroot, apple, pomegranate, ruccola, sun flower seeds, sprouted shoots & tahini sauce	14
MOZZARISELLA BUDDHA BOWL buckwheat, bean, mozzarisella "cheese", beetroot, apple, pomegranate, ruccola, sun flower seeds, sprouted shoots & tahini sauce	14

WAFFLES

→ made with chickpea & rice flour & banana

AGAVE SYRUP	6
PEANUT BUTTER	6
CHOCOLATE	8
BANANA & AGAVE SYRUP	8
BANANA & PEANUT BUTTER	8
BANANA & CHOCOLATE	10
BANANA & VANILLA SOY ICE CREAM	10
BANANA & CHOCOLATE & VANILLA SOY ICE CREAM	12
CHOCOLATE & VANILLA SOY ICE CREAM	10
GOAT CHEESE & HONEY	10
+ extra walnuts	2

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BREAKFAST

➔ available till 1pm/ask for gluten free bread

ⓧ EXPRESS MORNING assorted bread, jam & peanut butter	6
GOOD MORNING assorted bread, jam, peanut butter & gouda cheese	8
ⓧ BELGIAN MORNING assorted bread, jam, peanut butter, vegan waffle with banana & agave syrup	12
ⓧ VEGAN MORNING assorted bread, jam, peanut butter, vegan omelette with onion	12
ⓧ ANOTHER VEGAN MORNING assorted bread, jam, peanut butter, vegan omelette with dried tomato	12
ⓧ "CHEESE" MORNING assorted bread, jam, peanut butter, mozzarisella "cheese", smokeyrisella "cheese" & bluerisella "cheese"	12
HEALTHY MORNING assorted bread, jam, peanut butter, avocado, a boiled egg, & goat cheese	12
FRENCH MORNING assorted bread, jam, peanut butter, omelette (3 eggs)	13
SPANISH MORNING assorted bread, jam, peanut butter, omelette (3 eggs) & dried sausage	14
BREXIT MORNING assorted bread, jam, peanut butter, bacon & two fried eggs	14

EXTRA

bread	3
jam & peanut butter	3
1/2 avocado	3
cheese	4
bacon	4
a boiled/fried egg/omelete	3/ 3.5/8

🌱🌿 SUPERFOODS

➔ nutritionnally dense bowl / available till 1pm

with your MILK (hemp, oat, soy, or cow)	
CACAO buckwheat & rice flakes, coconut sugar, cacao, banana, goji berries, wheatgrass, maca powder, spirulina	10
BLUEBERRY buckwheat & rice flakes, coconut sugar, blueberry, goji berries, wheatgrass, maca powder, spirulina	10
AVOCADO buckwheat & rice flakes, coconut sugar, avocado, walnuts, goji berries, wheatgrass, maca powder, spirulina	10
with soy YOGURT	
APPLE coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	10
BLUEBERRY coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	10
RED FRUITS coconut oil, grilled red fruits, chia, pumpkin seeds, flower seeds, walnuts, dates, agave syrup	10

CROISSANTS

➔ saturdays and sundays morning

ⓧ VEGAN CROISSANT	3.5
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