

HOME MADE • FOOD PRODUCEDbyORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

TAPAS → served with bread or gluten free bread		WELLNESS SOUP → served with bread or gluten free bread	
GOUDA	6		5
olives & gouda cheese SAUSAGE olives & dried sausage	6		7 7
MEAT BALL olives & belgium meat ball	6	SOUP with GOAT CHEESE SOUP with a GIANT MEAT BALL	8
TWIX OLIVE TAPENADES green and black olives tapenade	6	♥SOUP with LENTILS, RED BEANS, CHICKPEA	9
	6		
	6	SALADS →served with bread or gluten free bread	
MIX TAPAS olives & gouda cheese & dried sausage	10	MOZZARISELLA mozzarisella "cheese", cherry tomatoes & kalamata olives	16
ANTIPASTI meat ball, dried sausage, cheese paprika, grilled pepper,	20	SMOKEYRISELLA smokeyrisella "cheese", cherry tomatoes & kalamata olives	16
corn, tzatziki, olive tapenade, dried tomato VEGAN ANTIPASTI avocado, dried tomato, grilled pepper, artichoke, tzatziki, beetroot, bean & chickpea tapenade, corn, olive tapenade	20	©BLUERISELLA bluerisella "cheese", beetroot, walnuts, pomegranate & ruccola	16
		©CUCUMBER cucumber, dried tomato, kalamato olives, celery & soy yogurt with sesame seeds	14
		©CELERY & APPLE celery, apple, avocado, dried tomato, walnuts	14
FALAFELS → served with a bowl of our home made vegan soup			14
SESAME LENTILS FALAFELS lettuce leaf, sesame lentil falafels with chickpea flour & sauce	14		14
© GINGER LENTILS FALAFELS lettuce leaf, ginger lentil falafels with chickpea flour & sauce	14		
BEETROOT BEANS FALAFELS lettuce leaf, beetroot beans falafels with chickpea flour & sau	14 ce		

VEGAN

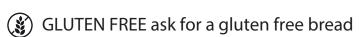
GLUTEN FREE ask for a gluten free bread

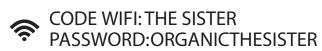
CODE WIFI: THE SISTER PASSWORD: ORGANICTHESISTER

FOCACCIA SANDWICHES BUDDHA BOWL → served with a cup of vegan soup/ ask for gluten free bread 9 (V) (S) AVOCADO BUDDHA BOWL 12 **NEVER CHANGE** gouda cheese, tomato, cucumber & lettuce buckwheat, bean, beetroot, apple, avocado, pomegranate, ruccola, sun flower seeds, sprouted shoots & tahini sauce **WGOOD TIMES** 11 bluerisella "cheese", dried tomato, cucumber & ruccola **S**EGG BUDDHA BOWL 13 buckwheat, chickpea, boiled egg, beetroot, apple, pomegranate, THE GENIUS 10 ruccola, sun flower seeds, sprouted shoots & tahini sauce gouda cheese, tomato, cucumber, boiled egg, mayo & lettuce MEAT BALL BUDDHA BOWL 14 **ONLY YOU** 12 buckwheat, chickpea, meat ball, beetroot, apple, pomegranate, belgium meat ball, tomato, moustard, avocado & lettuce ruccola, sun flower seeds, sprouted shoots & tahini sauce **ONLY ME** 12 (V) (S) BLUERISELLA BUDDHA BOWL 14 buckwheat, bean, bluerisella "cheese", beetroot, apple, belgium meat ball, gouda cheese, tomato & lettuce pomegranate, ruccola, sun flower seeds, sprouted shoots **TOGETHER** 12 & tahini sauce belgium meat ball, gouda cheese, grilled pepper & ruccola NICE TO MEET YOU 12 belgium meat ball, tomato, cucumber, boiled egg, **WAFFLES** mayo & lettuce → made with chickpea & rice flour & banana -sugar free-(V) ABOUT US 12 mozzarisella "cheese", green olive tapenade, cucumber, **AGAVE SYRUP** 6 grilled pepper & lettuce **PEANUT BUTTER** 6 **(V)** ABOUT YOU 11 (V) (S) CHOCOLATE 8 mozzarisella "cheese", black olives tapenade, avocado, tomato & ruccola 8 **W** BANANA & PEANUT BUTTER 8 10 goat cheese, black olives tapenade, grilled pepper & ruccola (V) BANANA & POMEGRENATE & AGAVE SYRUP 10 THE SISTER **W** BANANA & CHOCOLATE 10 11 goat cheese, beetroot, apple, walnuts & ruccola (V) BANANA & VANILLA SOY ICE CREAM 10 **V**THE BROTHER 10 **W** BANANA & CHOCOLATE & VANILLA SOY ICE CREAM 12 smokeyrisella "cheese", tomato, almonds & ruccola **W** CHOCOLATE & VANILLA SOY ICE CREAM 10 (V) READY TO MOVE 9 **W** CHOCOLATE & PEANUT BUTTER 10 green olives tapenade, avocado, grilled pepper, walnuts GOAT CHEESE & GRILLED PEPPER & RUCCOLA 12 & lettuce GOAT CHEESE & HONEY 10 **SMILE** 10 black olive tapenade, cucumber, tomato, avocado, sesame & ruccola **YTAKE A SMILE** 10 bean tapenade, cucumber, dried tomato, artichoke & ruccola **WMAKE ME SMILE** beetroot, apple, avocado, moustard, sesame FOREVER & EVER 8 peanut butter, cucumber, mint, coconut flakes & lettuce **(V)FOREVER YOUNG** 11 black olives tapenade, cucumber, artichoke, pumpkin seeds & ruccola (√) VEGAN 11 (V)PATI GLUTEN FREE ask for a gluten free bread apple, celery, avocado, dried tomato, walnuts & ruccola CODE WIFI: THE SISTER PASSWORD: ORGANICTHESISTER

BREAKFAST → available till 1pm/ask for gluten free bread		SUPERFOODS BOWL → nutritionnally dense bowl / available till 1pm	•••
©EXPRESS MORNING assorted bread, jam & peanut butter	6	with JUICE © BLUEBERRY	
GOOD MORNING assorted bread, jam, peanut butter & gouda cheese	8	blueberries, apple juice, banana, cajou nuts, maca powder, chia grains, hemps grains	
	12	with MILK (v) (a) AVOCADO coconut sugar, avocado, spirulina, walnuts, goji berries	10
VEGAN MORNING assorted bread, jam, peanut butter, vegan omelette with onion, tomato & fruits	13	with SOY YOGURT -grilled (v) (s) APPLE coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	10
ANOTHER VEGAN MORNING assorted bread, jam, peanut butter, tomato, vegan omelet with dried tomato & fruits	13 tte	© BLUEBERRY coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	10
		RED FRUITS coconut oil, grilled red fruits, chia, pumpkin seeds, flower seeds, walnuts, dates, agave syrup	10
HEALTHY VEGAN MORNING assorted bread, jam, peanut butter, assorted "cheese", dried tomato, avocado, chickpea houmous, & fruits	16	with SOY YOGURT -fresh	12
HEALTHY MORNING assorted bread, jam, peanut butter, avocado, a boiled egg dried tomato, chickpea houmous, goat cheese & fruits	13 J,	wheatgrass, goji berries	
FRENCH MORNING assorted bread, jam, peanut butter, omelette (3 eggs), tomato & fruits	13	PIES & RAW CAKES → by Oscar Vegan	
SPANISH MORNING assorted bread, jam, peanut butter, omelette (3 eggs), tomato, dried sausage & fruits	14		• • • •
		V S LEMON MERINGUE PIE	
BREXIT MORNING assorted bread, jam, peanut butter, bacon, two fried eggs tomato, beans houmous & fruits	15		cuas
	1	RED FRUITS RAW CAKE - no bake, no flour, no refined suga	_
GREEDY MORNING assorted bread, jam, peanut butter, bacon, two fried eggs avocado, goat cheese, tomato, chickpea houmous & fruits		C TED I NOTION CARE THE BURE, HE HOUR, HE TERRICU SUGU	•









THE SISTER

organic Brussels Café rhythm