



THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS
VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

FINGER FOOD

➔ served with bread or gluten free bread

GOUDA CHEESE	6
olives & gouda cheese	
BELGIAN SAUSAGE	6
olives & dried sausage	
BELGIAN MEAT BALL	6
olives & belgium meat ball	
🌱 TWIX OLIVE TAPENADES	6
green and black olives tapenade	
🌱 TWIX HOUMOUS	6
chickpea and beans houmous	
🌱 TZATZIKI & DRIED TOMATOES	6
dried tomatoes & tzatziki with soy yogurt	
MIX TAPAS	10
olives & gouda cheese & dried sausage	
ANTIPASTI	20
meat ball, dried sausage, avocado, grilled pepper, pickle, tzatziki, olive tapenade, dried tomato	
🌱 VEGAN ANTIPASTI	20
avocado, dried tomato, grilled pepper, artichoke, tzatziki, beetroot, bean & chickpea tapenade, pickle, olive tapenade	
🌱 VEGAN "CHEESE" ANTIPASTI	20
3 diferents "cheese", avocado, dried tomato, grilled pepper, artichoke, olive tapenade	

WELLNESS SOUP

➔ served with bread or gluten free bread

🌱 VEGETABLE SOUP	5
VEGETABLE SOUP with a boiled egg	7
VEGETABLE SOUP with goat cheese	8
VEGETABLE SOUP with a giant meat ball	8
🌱 VEGETABLE SOUP with lentils	9

FALAFELS

➔ served with a bowl of our home made vegan soup

🌱🌾 SESAME LENTILS FALAFELS	14
lettuce leaf, sesame lentil falafels with chickpea flour & sauce	
🌱🌾 GINGER LENTILS FALAFELS	14
lettuce leaf, ginger lentil falafels with chickpea flour & sauce	
🌱🌾 BEETROOT BEANS FALAFELS	14
lettuce leaf, beetroot beans falafels with chickpea flour & sauce	

SALADS

➔ served with bread or gluten free bread

🌱 MOZZARISELLA	18
mozzarisella "cheese", dried tomatoes, artichoke & kalamata olives	
🌱 SMOKEYRISELLA	18
smokeyrisella "cheese", dried tomatoes & avocado & walnuts	
🌱 BLUERISELLA	16
bluerisella "cheese", brown lentils, celery root, beetroot & walnuts	
🌱 CELERY & APPLE	14
celery root, apple, avocado, dried tomato, walnuts	
🌱 POMEGRANATE	14
celery root, apple, avocado, pomegranate, pumpkin seeds	
🌱 ARTICHOKE CARPACCIO	14
artichoke & hazelnuts	

➔ Food & drinks also available to take away

🌱 VEGAN
🌾 GLUTEN FREE ask for a gluten free bread
📶 CODE WIFI: THE SISTER
PASSWORD: ORGANICTHESISTER

FOCACCIA SANDWICHES

➔ served with a cup of vegan soup/ ask for gluten free bread

NEVER CHANGE	9
gouda cheese, dried tomato, celery root & lettuce	
🍃GOOD TIMES	11
bluerisella “cheese”, dried tomato, celery root & ruccola	
THE GENIUS	10
gouda cheese, pickle, boiled egg, mayo & lettuce	
ONLY YOU	12
belgium meat ball, dried tomato, moustard, avocado & lettuce	
ONLY ME	12
belgium meat ball, gouda cheese, pickle & lettuce	
TOGETHER	12
belgium meat ball, gouda cheese, grilled pepper & ruccola	
NICE TO MEET YOU	12
belgium meat ball, celery root, boiled egg, dried tomato, mayo & lettuce	
🍃ABOUT US	12
mozzarisella “cheese”, green olive tapenade, grilled pepper, walnuts & lettuce	
🍃ABOUT YOU	11
mozzarisella “cheese”, black olives tapenade, avocado, dried tomato & ruccola	
LOLA	10
goat cheese, black olives tapenade, grilled pepper & ruccola	
THE SISTER	11
goat cheese, beetroot, apple, walnuts & ruccola	
🍃THE BROTHER	10
smokeyrisella “cheese”, dried tomato, almonds & ruccola	
🍃READY TO MOVE	9
green olives tapenade, avocado, grilled pepper, walnuts & lettuce	
🍃SMILE	10
black olive tapenade, celery root, dried tomato, avocado, sesame & ruccola	
🍃TAKE A SMILE	10
bean tapenade, celery root, dried tomato, artichoke & ruccola	
🍃MAKE ME SMILE	10
beetroot, apple, avocado, moustard, sesame, sprouted shoots	
🍃FOREVER & EVER	8
peanut butter, celery root, mint, coconut flakes & lettuce	
🍃FOREVER YOUNG	11
black olives tapenade, celery root, artichoke, pumpkin seeds & ruccola	
🍃PATI	11
apple, celeryroot, avocado, dried tomato, walnuts & ruccola	

BUDDHA BOWL

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buckwheat, beetroot, apple, pomegranate, ruccola, sun flower seeds, sprouted shoots & tahini sauce	
🍃🌾AVOCADO & RED BEANS	12
🍃🌾BLUERISELLA “CHEESE” & RED BEANS	14
🌾EGG & CHICKPEA	13
MEAT BALL & CHICKPEA	14

WAFFLES

➔ made with chickpea & rice flour & banana -sugar free-

🍃🌾 AGAVE SYRUP	6
🍃🌾 AGAVE SYRUP & BANANA	8
🍃🌾 AGAVE SYRUP & BANANA & ALMONDS	10
🍃🌾 AGAVE SYRUP & BANANA & POMEGRANATE	10
🍃🌾 PEANUT BUTTER	7
🍃🌾 PEANUT BUTTER & BANANA	9
🍃🌾 PEANUT BUTTER & VANILLA RICE ICE CREAM	10
🍃🌾 PEANUT BUTTER & BANANA & VANILLA RICE ICE CREAM	12
🍃🌾 CHOCOLATE	8
🍃🌾 CHOCOLATE & WALNUT	9
🍃🌾 CHOCOLATE & BANANA	10
🍃🌾 CHOCOLATE & VANILLA RICE ICE CREAM	10
🍃🌾 CHOCOLATE & VANILLA RICE ICE CREAM & BANANA	12
🌾 GOAT CHEESE & HONEY & ALMONDS	10
🌾 GOAT CHEESE & AVOCADO & WALNUTS & RUCCOLA	12
🌾 GOAT CHEESE & STRAWBERRY JAM & SUNFLOWER SEEDS & SPROUTED SHOOTS	12
🌾 GOAT CHEESE & BACON & AVOCADO & FRIED EGG & RUCCOLA	15
🌾 BACON & AVOCADO & FRIED EGG & RUCCOLA	13
🍃🌾 “MOZZARISELLA” & AVOCADO & DRIED TOMATO & WALNUTS & SPROUTED SHOOTS	12
🍃 VEGAN	
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BREAKFAST

➔ available till 1pm/ask for gluten free bread

TOAST	
🌱 EXPRESS MORNING	5
jam, peanut butter, toast	
🌱 FRUIT TOAST MORNING	9
1x peanut butter, apple, walnuts, cinnamon	
1x blueberrie jam, banana, chia & hemsps seeds	
HEALTHY TOAST MORNING	13
boiled egg, dried tomato, goat cheese, avocado, apple,	
chickpea and beans houmous, olive tapenade, toast	
CHEESE TOAST MORNING	12
1x strawberrie jam, goat cheese, sunflowers & hemsps seeds	
1x gouda cheese, boiled egg, dried tomatoes, ruccola	
FRIEG EGG TOAST MORNING	14
1x beans houmous, bacon, a fried egg	
1xbacon, avocado, a fried egg, ruccola	
WAFFLES	
🌱🌾 BELGIAN CHOCOLATE MORNING	9
with chocolate & walnuts	
🌱🌾 BELGIAN SWEET MORNING	10
banana, agave syrup, almonds	
🌾 BELGIAN SALTY MORNING	13
bacon, avocado, fried egg, ruccola	
🌾 BELGIAN GOAT MORNING	15
goat, bacon, avocado, fried egg, ruccola	
🌱🌾 BELGIAN VEGAN MORNING	12
mozzarisella, avocado,dried tomato, walnuts , sprouted shoots	
VEGAN OMELETTE MORNING	
➔ with chickpea, black olive tapenade, avocado	
🌱 ONION	12
🌱 DRIED TOMATOES	13
🌱 SMOKEYRISELLA "CHEESE"	15
🌱 ARTICHOKE & MOZZARISELLA "CHEESE"	17
OMELETTE MORNING	
➔ with chickpea, black olive tapenade, avocado, apple, toast	
REGULAR	13
BACON	15
GOUDA CHEESE	15

SUPERFOODS BOWL

➔ nutritionnally dense bowl / available till 1pm

GRILLED	
🌱🌾 APPLE	10
soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds,	
sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
🌱🌾 BLUEBERRY	10
soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds,	
almonds, agave syrup, cardamom	
🌱🌾 RED FRUITS	10
soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds,	
flower seeds, walnuts, dates, agave syrup	
FRESH	
🌱🌾 BANANA	12
banana, pomegrenate, walnuts, cajou nuts, pumpkin seeds,	
wheatgrass, goji berries	

PIES & RAW CAKES by Oscar Vegan

➔ raw cakes are: no bake, no flour, no refined sugars

🌱🌾 PEANUT BUTTER RAW CAKE	5
cacao, peanuts, coco, buckwheat, dates...	
🌱🌾 CARROT RAW CAKE	5
carrot, ginger, cashew nut, dates...	
🌱🌾 STRAWBERRIES RAW CAKE	5
strawberries, cashew nuts, almonds, dates...	
🌱🌾 MATCHA TEA & BERGAMOTE RAW CAKE	5
matcha tea, bergamote, poppy and chia seeds...	
🌱🌾 SALTED CARAMEL CHOCOLATE PIE	6.5
🌱🌾 LEMON MERINGUE PIE	6.5
🌱🌾 LEMON BLUEBERRIES PIE	6.5



VEGAN



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