



# THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS  
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

## FINGER FOOD

→ served with bread or gluten free bread

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GOUDA CHEESE	6
olives & gouda cheese	
BELGIAN SAUSAGE	6
olives & dried sausage	
ⓧ TWIX OLIVE TAPENADES	6
green and black olives tapenade	
ⓧ TWIX HOUMOUS	6
chickpea and beans houmous	
ⓧ TZATZIKI & DRIED TOMATOES	6
dried tomatoes & tzatziki with soy yogurt	
MIX TAPAS	10
olives & gouda cheese & dried sausage	
ANTIPASTI	18
dried sausage, avocado, grilled pepper, artichoke, pickle, tzatziki, olive tapenade, dried tomato	
ⓧ VEGAN ANTIPASTI	18
avocado, dried tomato, grilled pepper, artichoke, tzatziki, beetroot, bean & chickpea tapenade, pickle, olive tapenade	
ⓧ VEGAN "CHEESE" ANTIPASTI	19
3 diferents "cheese", avocado, dried tomato, grilled pepper, artichoke, olive tapenade	

## WELLNESS SOUP

→ served with bread or gluten free bread

.....	
ⓧ VEGETABLE SOUP	5
VEGETABLE SOUP with a boiled egg	7
VEGETABLE SOUP with goat cheese	8
ⓧ VEGETABLE SOUP with lentils	9

## FALAFELS

→ served with a bowl of our home made vegan soup

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ⓧⓧ SESAME LENTILS FALAFELS	14
lettuce leaf, sesame lentil falafels with chickpea flour & sauce	
ⓧⓧ GINGER LENTILS FALAFELS	14
lettuce leaf, ginger lentil falafels with chickpea flour & sauce	
ⓧⓧ BEETROOT BEANS FALAFELS	14
lettuce leaf, beetroot beans falafels with chickpea flour & sauce	

## SALADS

→ served with bread or gluten free bread

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ⓧ MOZZARISELLA	18
mozzarisella "cheese", dried tomatoes, artichoke & kalamata olives	
ⓧ SMOKEYRISELLA	18
smokeyrisella "cheese", dried tomatoes & avocado & walnuts	
ⓧ BLUERISELLA	16
bluerisella "cheese", brown lentils, celery root, beetroot & walnuts	
ⓧ CELERY & APPLE	14
celery root, apple, avocado, dried tomato, walnuts	
ⓧ POMEGRANATE	14
celery root, apple, avocado, pomegranate, pumpkin seeds	
ⓧ ARTICHOKE CARPACCIO	14
artichoke & hazelnuts	

→ Food & drinks also available to take away

ⓧ VEGAN

ⓧ GLUTEN FREE ask for a gluten free bread

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## FOCACCIA SANDWICHES

→ served with a cup of vegan soup/ ask for gluten free bread

⓪ GOOD TIMES	11
bluerisella "cheese", dried tomato, celery root, walnuts & rucola	
THE GENIUS	11
gouda cheese, mayo, boiled egg, celery root, pickle & lettuce	
ONLY YOU	11
bacon, gouda, moustard, avocado, sunflowers & sprouted shoots	
ONLY ME	12
bacon, gouda cheese, mayo, fried egg, pickles, lettuce	
TOGETHER	12
bacon, gouda cheese, grilled pepper & rucola	
NICE TO MEET YOU	12
bacon, goat cheese, avocado, dried tomato, sprouted shoots	
⓪ ABOUT US	12
mozzarisella "cheese", green olive tapenade, grilled pepper, walnuts & lettuce	
⓪ ABOUT YOU	11
mozzarisella "cheese", black olives tapenade, avocado, dried tomato & rucola	
NEVER CHANGE	11
goat cheese, apple, avocado, dried tomato, almonds & lettuce	
LOLA	11
goat cheese, black olives tapenade, grilled pepper & rucola	
THE SISTER	11
goat cheese, beetroot, apple, walnuts & rucola	
⓪ THE BROTHER	11
smokeyrisella "cheese", artichoke, dried tomato, almonds & rucola	
⓪ READY TO MOVE	12
smokeyrisella "cheese", green olives tapenade, grilled pepper, avocado, cashew nuts & sprouted shoots	
⓪ SMILE	10
black olive tapenade, celery root, dried tomato, avocado, sesame & rucola	
⓪ TAKE A SMILE	11
bean & chickpea tapenade, celery root, artichoke, dried tomato, walnuts & rucola	
⓪ MAKE ME SMILE	10
apple, beetroot, avocado, moustard, cashew nuts, sprouted shoots	
⓪ FOREVER & EVER	8
peanut butter, celery root, mint, coconut flakes & lettuce	
⓪ FOREVER YOUNG	12
black olives tapenade, celery root, artichoke, avocado, pumpkin seeds & rucola & sprouted shoots	
⓪ PATI	11
apple, celeryroot, beetroot, avocado, dried tomato, walnuts & rucola	

## BUDDHA BOWL

buckwheat, beetroot, apple, pomegranate, rucola, sun flower seeds, sprouted shoots & tahini sauce

⓪ AVOCADO & RED BEANS	12
⓪ EGG & CHICKPEA	13
⓪ BLUERISELLA "CHEESE" & RED BEANS	14

## WAFFLES

→ made with chickpea & rice flour & banana -sugar free-

⓪ AGAVE SYRUP	6
⓪ AGAVE SYRUP & BANANA	8
⓪ AGAVE SYRUP & BANANA & ALMONDS	10
⓪ AGAVE SYRUP & BANANA & POMEGRANATE	10
⓪ PEANUT BUTTER	7
⓪ PEANUT BUTTER & BANANA	9
⓪ PEANUT BUTTER & VANILLA RICE ICE CREAM	10
⓪ PEANUT BUTTER & BANANA & VANILLA RICE ICE CREAM	12
⓪ CHOCOLATE	8
⓪ CHOCOLATE & WALNUT	9
⓪ CHOCOLATE & BANANA	10
⓪ CHOCOLATE & VANILLA RICE ICE CREAM	10
⓪ CHOCOLATE & VANILLA RICE ICE CREAM & BANANA	12
⓪ GOAT CHEESE & HONEY & ALMONDS	10
⓪ GOAT CHEESE & AVOCADO & WALNUTS & RUCCOLA	12
⓪ GOAT CHEESE & STRAWBERRY JAM & SUNFLOWER SEEDS & SPROUTED SHOOTS	12
⓪ GOAT CHEESE & BACON & AVOCADO & FRIED EGG & RUCCOLA	15
⓪ BACON & AVOCADO & FRIED EGG & RUCCOLA	13
⓪ "MOZZARISELLA" & AVOCADO & DRIED TOMATO & WALNUTS & SPROUTED SHOOTS	12

⓪ VEGAN

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## BREAKFAST

→ available till 1pm/ask for gluten free bread

<b>TOAST</b>	
⓪ EXPRESS MORNING	5
jam, peanut butter, toast	
⓪ FRUIT TOAST MORNING	9
1x peanut butter, apple, walnuts, cinnamon 1x blueberry jam, banana, chia & hemp seeds	
HEALTHY TOAST MORNING	10
boiled egg, dried tomato, goat cheese, avocado, apple, chickpea and beans humous, olive tapenade, toast	
CHEESE TOAST MORNING	10
1x strawberry jam, goat cheese, sunflowers & hemp seeds 1x gouda cheese, boiled egg, dried tomatoes, rucola	
FRIED EGG TOAST MORNING	14
1x beans humous, gouda, bacon, a fried egg 1x bacon, avocado, a fried egg, rucola	
<b>WAFFLES</b>	
⓪⓪ BELGIAN CHOCOLATE MORNING	9
with chocolate & walnuts	
⓪⓪ BELGIAN SWEET MORNING	10
banana, agave syrup, almonds	
⓪ BELGIAN SALTY MORNING	13
bacon, avocado, fried egg, rucola	
⓪ BELGIAN GOAT MORNING	15
goat, bacon, avocado, fried egg, rucola	
⓪⓪ BELGIAN VEGAN MORNING	12
mozzarisella, avocado, dried tomato, walnuts, sprouted shoots	
<b>VEGAN OMELETTE MORNING</b>	
→ with chickpea, black olive tapenade, avocado	
⓪ ONION	12
⓪ DRIED TOMATOES	13
⓪ SMOKEY RISSELLA "CHEESE"	15
⓪ ARTICHOKE & MOZZARISELLA "CHEESE"	17
<b>OMELETTE MORNING</b>	
→ with chickpea, black olive tapenade, avocado, apple, toast	
REGULAR	13
BACON	15
GOUDA CHEESE	15

## SUPERFOODS BOWL

→ nutritionally dense bowl / available till 1pm

<b>GRILLED</b>	
⓪⓪ APPLE	10
soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
⓪⓪ BLUEBERRY	10
soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	
⓪⓪ RED FRUITS	10
soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds, flower seeds, walnuts, dates, agave syrup	
<b>FRESH</b>	
⓪⓪ BANANA	12
banana, pomegranate, walnuts, cajou nuts, pumpkin seeds, wheatgrass, goji berries	

## PIES & RAW CAKES by Oscar Vegan

→ raw cakes are: no bake, no flour, no refined sugars

⓪⓪ PEANUT BUTTER RAW CAKE	5
cacao, peanuts, coco, buckwheat, dates...	
⓪⓪ CARROT RAW CAKE	5
carrot, ginger, cashew nut, dates...	
⓪⓪ RASPBERRIES RAW CAKE	5
strawberries, cashew nuts, almonds, dates...	
⓪⓪ MATCHA TEA & BERGAMOTE RAW CAKE	5
matcha tea, bergamote, poppy and chia seeds...	

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