



THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

FINGER FOOD

→ served with bread or gluten free bread

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GOUDA CHEESE	6
olives & gouda cheese	
BELGIAN SAUSAGE	6
olives & dried sausage	
☺ TWIX OLIVE TAPENADES	6
green and black olives tapenade	
☺ TWIX HOUMOUS	6
chickpea and beans houmous	
☺ TZATZIKI & DRIED TOMATOES	6
dried tomatoes & tzatziki with soy yogurt	
MIX TAPAS	10
olives & gouda cheese & dried sausage	
ANTIPASTI	18
dried sausage, avocado, grilled pepper, artichoke, pickle, tzatziki, olive tapenade, dried tomato	
☺ VEGAN ANTIPASTI	18
avocado, dried tomato, grilled pepper, artichoke, tzatziki, beetroot, bean & chickpea tapenade, pickle, olive tapenade	
☺ VEGAN "CHEESE" ANTIPASTI	19
3 diferents "cheese", avocado, dried tomato, grilled pepper, artichoke, olive tapenade	

WELLNESS SEASONAL SOUP

→ served with bread or gluten free bread

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☺ VEGETABLE SOUP	5
VEGETABLE SOUP with a boiled egg	7
VEGETABLE SOUP with goat cheese	8
☺ VEGETABLE SOUP with lentils	9

FALAFELS

→ served with a bowl of our home made vegan soup

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☺☺ SESAME LENTILS FALAFELS	14
lettuce leaf, sesame lentil falafels with chickpea flour & sauce	
☺☺ GINGER LENTILS FALAFELS	14
lettuce leaf, ginger lentil falafels with chickpea flour & sauce	
☺☺ BEETROOT BEANS FALAFELS	14
lettuce leaf, beetroot beans falafels with chickpea flour & sauce	

SALADS

→ served with bread or gluten free bread

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☺ MOZZARISELLA	18
mozzarisella "cheese", dried tomatoes, artichoke & kalamata olives	
☺ SMOKEYRISELLA	18
smokeyrisella "cheese", dried tomatoes & avocado & walnuts	
☺ BLUERISELLA	16
bluerisella "cheese", brown lentils, celery root, beetroot & walnuts	
☺ CELERY & APPLE	14
celery root, apple, avocado, dried tomato, walnuts	
☺ POMEGRANATE	14
celery root, apple, avocado, pomegranate, pumpkin seeds	
☺ ARTICHOKE CARPACCIO	14
artichoke & hazelnuts	

Ⓜ "WRAP UP" FOOD HERE
 we can wrap the rest of your food up

☺ VEGAN
 ☺ GLUTEN FREE ask for a gluten free bread
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 PASSWORD: ORGANICTHESISTER

FOCACCIA SANDWICHES

→ served with a cup of vegan soup/ ask for gluten free bread

GOOD TIMES	11
bluerisella "cheese", dried tomato, celery root, walnuts & rucola	
THE GENIUS	11
gouda cheese, mayo, boiled egg, celery root, pickle & lettuce	
ONLY YOU	11
bacon, gouda, moustard, avocado, sunflowers & sprouted shoots	
ONLY ME	12
bacon, gouda cheese, mayo, fried egg, pickles, lettuce	
TOGETHER	12
bacon, gouda cheese, grilled pepper & rucola	
NICE TO MEET YOU	12
bacon, goat cheese, avocado, dried tomato, sprouted shoots	
ABOUT US	12
mozzarisella "cheese", green olive tapenade, grilled pepper, walnuts & lettuce	
ABOUT YOU	11
mozzarisella "cheese", black olives tapenade, avocado, dried tomato & rucola	
NEVER CHANGE	11
goat cheese, apple, avocado, dried tomato, almonds & lettuce	
LOLA	11
goat cheese, black olives tapenade, grilled pepper & rucola	
THE SISTER	11
goat cheese, beetroot, apple, walnuts & rucola	
THE BROTHER	11
smokeyrisella "cheese", artichoke, dried tomato, almonds & rucola	
READY TO MOVE	12
smokeyrisella "cheese", green olives tapenade, grilled pepper, avocado, cashew nuts & sprouted shoots	
SMILE	10
black olive tapenade, celery root, dried tomato, avocado, sesame & rucola	
TAKE A SMILE	11
bean & chickpea tapenade, celery root, artichoke, dried tomato, walnuts & rucola	
MAKE ME SMILE	10
apple, beetroot, avocado, moustard, cashew nuts, sprouted shoots	
FOREVER YOUNG	12
black olives tapenade, celery root, artichoke, avocado, pumpkin seeds & rucola & sprouted shoots	
PATI	11
apple, celeryroot, beetroot, avocado, dried tomato, walnuts & rucola	

BUDDHA BOWL

buckwheat, beetroot, apple, pomegranate, rucola, sun flower seeds, sprouted shoots & tahini sauce

AVOCADO & RED BEANS	12
EGG & CHICKPEA	13
BLUERISELLA "CHEESE" & RED BEANS	14

WAFFLES

→ made with chickpea & rice flour & banana -sugar free-

SWEET

AGAVE SYRUP	6
AGAVE SYRUP & BANANA	8
AGAVE SYRUP & BANANA & ALMONDS	10
AGAVE SYRUP & BANANA & POMEGRANATE	10
PEANUT BUTTER	7
PEANUT BUTTER & BANANA	9
PEANUT BUTTER & VANILLA ICE CREAM	10
PEANUT BUTTER & BANANA & VANILLA ICE CREAM	12
CHOCOLATE	8
CHOCOLATE & WALNUT	9
CHOCOLATE & BANANA	10
CHOCOLATE & VANILLA ICE CREAM	10
CHOCOLATE & VANILLA ICE CREAM & BANANA	12

SALTY

GOAT CHEESE & HONEY & ALMONDS	10
GOAT CHEESE & AVOCADO & WALNUTS & RUCCOLA	12
GOAT CHEESE & STRAWBERRY JAM & SUNFLOWER SEEDS & SPROUTED SHOOTS	12
MOZZARISELLA "CHEESE" & SEITAN BACON & AVOCADO & SPROUTED SHOOTS	12
MOZZARISELLA "CHEESE" & AVOCADO & DRIED TOMATOES & WALNUTS & SPROUTED SHOOTS	12
BACON & AVOCADO & FRIED EGG & RUCCOLA	13
GOAT CHEESE & BACON & AVOCADO & FRIED EGG & RUCCOLA	15

VEGAN

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BREAKFAST

→ available till 1pm/ask for gluten free bread

TOAST	
⓪ EXPRESS MORNING	5
jam, peanut butter, toast	
⓪ FRUIT TOAST MORNING	9
1x peanut butter, apple, walnuts, cinnamon 1x blueberry jam, banana, chia & hemp seeds	
HEALTHY TOAST MORNING	10
boiled egg, dried tomato, goat cheese, avocado, apple, chickpea and beans houmous, olive tapenade, toast	
CHEESE TOAST MORNING	10
1x strawberry jam, goat cheese, sunflowers & hemp seeds 1x gouda cheese, boiled egg, dried tomatoes, rucola	
FRIED EGG & BACON TOAST MORNING	14
bacon, avocado, gouda, 2 fried egg, toast	
⓪ FRIED "VEEG" SEITAN TOAST MORNING	14
seitan "bacon", avocado, a vegan fried "vegg", toast	
WAFFLES	
⓪⓪ BELGIAN CHOCOLATE MORNING	9
with chocolate & walnuts	
⓪⓪ BELGIAN SWEET MORNING	10
banana, agave syrup, almonds	
⓪ BELGIAN SALTY MORNING	13
bacon, avocado, fried egg, rucola	
⓪ BELGIAN GOAT MORNING	15
goat, bacon, avocado, fried egg, rucola	
⓪⓪ BELGIAN VEGAN MORNING	12
mozzarisella "cheese", avocado, dried tomato, walnuts, sprouts	
⓪ BELGIAN SEITAN MORNING	12
mozzarisella "cheese", seitan "bacon", avocado, sprouts	
⓪ BELGIAN VEGAN "VEGG" MORNING	12
seitan "bacon", avocado, vegan fried "vegg", sprouts	
VEGAN OMELETTE MORNING	
→ with chickpea, black olive tapenade, avocado, apple, toast	
⓪ ONION	12
⓪ DRIED TOMATOES	13
⓪ SMOKEYRISELLA "CHEESE"	15
⓪ ARTICHOKE & MOZZARISELLA "CHEESE"	15
⓪ SEITAN "BACON"	15
OMELETTE MORNING	
→ with chickpea, black olive tapenade, avocado, apple, toast	
REGULAR	13
BACON	15
GOUDA CHEESE	15

SUPERFOODS BOWL

→ nutritionally dense bowl / available till 1pm

GRILLED	
⓪⓪ APPLE	10
soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
⓪⓪ BLUEBERRY	10
soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	
⓪⓪ RED FRUITS	10
soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds, flower seeds, walnuts, dates, agave syrup	
FRESH	
⓪⓪ BANANA	12
banana, pomegranate, walnuts, cajou nuts, pumpkin seeds, wheatgrass, goji berries	

BAKING by Oscar Vegan

RAW CAKES	
→ raw cakes are: no bake, no flour, no refined sugars	
⓪⓪ PEANUT BUTTER & CHOCOLATE	5
⓪⓪ CARROT & GINGER	5
⓪⓪ RASPBERRIES	5
⓪⓪ MATCHA TEA & BERGAMOTE	5
PIES	
⓪⓪ CHOCOLATE SALTED CARAMEL	5
⓪⓪ LEMON MERINGUE	5

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