



# THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS  
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

## FINGER FOOD

→ served with bread or gluten free bread

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GOUDA CHEESE	6
olives & gouda cheese	
BELGIAN SAUSAGE	6
olives & dried sausage	
ⓧ TWIX OLIVE TAPENADES	6
green and black olives tapenade	
ⓧ TWIX HOUMOUS	6
chickpea and beans houmous	
ⓧ TZATZIKI & DRIED TOMATOES	6
dried tomatoes & tzatziki with soy yogurt	
MIX TAPAS	10
olives & gouda cheese & dried sausage	
ANTIPASTI	18
dried sausage, avocado, grilled pepper, artichoke, pickles, tzatziki, olive tapenade, dried tomato, mushroom	
ⓧ VEGAN ANTIPASTI	18
avocado, grilled pepper, artichoke, mushroom, dried tomato, tzatziki, olive tapenade, beetroot, pickles, bean & chickpea tapenade	
ⓧ VEGAN "CHEESE" ANTIPASTI	19
3 diferents "cheese", avocado, dried tomato, grilled pepper, pickles, artichoke, olive tapenade	

## FALAFELS

→ served with a bowl of our home made vegan soup

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ⓧⓧ SESAME LENTILS	14
ⓧⓧ GINGER LENTILS	14
ⓧⓧ BEETROOT BEANS	14

## WELLNESS SEASONAL SOUP

→ served with bread or gluten free bread

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ⓧ VEGETABLE SOUP	5
VEGETABLE SOUP with a boiled egg	7
VEGETABLE SOUP with goat cheese	8
ⓧ VEGETABLE SOUP with lentils	9

## SALADS

→ served with bread or gluten free bread

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ⓧ MOZZARISELLA	18
mozzarisella "cheese", dried tomato, artichoke, kalamata olives	
ⓧ SMOKEYRISELLA	18
smokeyrisella "cheese", dried tomato, cucumber, avocado, walnuts	
ⓧ BLUERISELLA	16
bluerisella "cheese", brown lentils, celery, beetroot, walnuts	
ⓧ CELERY & APPLE	14
celery, apple, avocado, dried tomato, walnuts	
ⓧ POMEGRANATE	14
celery, apple, avocado, pomegranate, pumpkin seeds	
ⓧ ARTICHOKE CARPACCIO	14
artichoke, hazelnuts	

## BUDDHA BOWL

.....  
 buckwheat, beetroot, apple, pomegranate,  
 rucola, sunflower seeds, sprouted shoots, tahini sauce

ⓧⓧ AVOCADO & RED BEANS	12
ⓧⓧ EGG & CHICKPEA	13
ⓧⓧ BLUERISELLA "CHEESE" & RED BEANS	14

ⓧ VEGAN

ⓧ GLUTEN FREE ask for a gluten free bread

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Ⓜ "WRAP UP" FOOD HERE  
 we can wrap the rest of your food up

## FOCACCIA SANDWICHES

→ served with a cup of vegan soup/ ask for gluten free bread


GOOD TIMES	11
bluerisella "cheese", dried tomato, celery, walnuts, rucola	
THE GENIUS	11
gouda cheese, mayo, boiled egg, celery, pickles, lettuce	
ONLY YOU	12
bacon, gouda, mustard, avocado, pickles, lettuce	
ONLY ME	12
bacon, gouda cheese, pickles, fried egg, mayo, lettuce	
TOGETHER	12
bacon, gouda cheese, mushrooms, grilled pepper, rucola	
NICE TO MEET YOU	12
bacon, goat cheese, avocado, dried tomato, mushrooms, lettuce	
ABOUT US	12
mozzarisella "cheese", green olive tapenade, grilled pepper, celery, walnuts, lettuce	
ABOUT YOU	11
mozzarisella "cheese", black olives tapenade, avocado, tomato, rucola	
READY TO MOVE	12
mozzarisella "cheese", bean & chickpea tapenade, mushrooms, dried tomato, walnut, rucola	
NEVER CHANGE	12
goat cheese, avocado, dried tomato, celery, walnut, rucola	
LOLA	11
goat cheese, black olives tapenade, grilled pepper, rucola	
THE SISTER	11
goat cheese, beetroot, apple, walnuts, rucola	
THE BROTHER	12
smokeyrisella "cheese", artichoke, dried tomato, almond, rucola	
TAKE A SMILE	12
smokeyrisella "cheese", black olive tapenade, celery, dried tomato, avocado, sesame, sprouted shoots	
FOREVER YOUNG	10
avocado, apple, beetroot, mustard, cashew nuts, sprouted shoots	


## WAFFLES

→ made with chickpea & rice flour & banana -sugar free-

AGAVE SYRUP	
& banana	8
& banana, almonds	10
& banana, pomegranate, walnuts	11
PEANUT BUTTER	
& banana	9
& vanilla ice cream	10
& banana, vanilla ice cream	12
CHOCOLATE	
& vanilla ice cream	10
& banana, walnuts	11
& banana, vanilla ice cream	12
GOAT CHEESE	
& almond, honey	10
& bacon, avocado, mushrooms, rucola	14
MOZZARISELLA "CHEESE"	
& seitan "bacon", avocado, dried tomato, r	12
& avocado, dried tomato, walnuts, sprouted shoots	12
FRIED EGG	
& bacon, avocado, mushrooms, rucola	14
& goat cheese, bacon, avocado, rucola	14

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## BREAKFAST

→ available till 1 pm/ask for gluten free bread

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TOAST _____	
⓪ EXPRESS MORNING	5
strawberry & blueberry jam, peanut butter, toast	
⓪ FRUIT TOAST MORNING	9
1x peanut butter, apple, walnuts, cinnamon 1x blueberry jam, banana, chia & hemp seeds	
CHEESE TOAST MORNING	10
1x strawberry jam, goat cheese, sunflowers & hemp seeds 1x gouda cheese, boiled egg, dried tomatoes, rucola	
HEALTHY MORNING	12
boiled egg, dried tomato, goat cheese, avocado, pickles, houmous, olive tapenade, almond, rucola, toast	
FRIED EGG MORNING	14
2 fried eggs, bacon, gouda cheese, avocado, mushrooms, pickles, toast	
⓪ FRIED "VEGG" MORNING	14
a fried "vegg", seitan "bacon", avocado, mushrooms, dried tomato, toast	
OMELETTE MORNING _____	
→ with chickpea, black olive tapenade, avocado, toast	
REGULAR	12
BACON	13
GOUDA CHEESE	13
VEGAN OMELETTE MORNING _____	
→ with chickpea, black olive tapenade, avocado, toast	
⓪ ONION	12
⓪ DRIED TOMATOES	13
⓪ SMOKEYRISELLA "CHEESE"	14
⓪ ARTICHOKE & MOZZARISELLA "CHEESE"	14
⓪ SEITAN "BACON"	14
WAFFLES _____	
→ see our salty & sweet belgian waffles menu	

## SUPERFOODS BOWL

→ nutritionally dense bowl / available till 1 pm

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GRILLED _____	
⓪ ⓪ APPLE	10
soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
⓪ ⓪ BLUEBERRY	10
soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	
⓪ ⓪ RED FRUITS	10
soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds, sunflower seeds, walnuts, dates, agave syrup	
FRESH _____	
⓪ ⓪ BANANA	12
banana, pomegranate, walnuts, cajou nuts, pumpkin seeds, wheatgrass, goji berries	

## RAW CAKES

→ no bake, no flour, no refined sugars

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⓪ ⓪ PEANUT BUTTER - CHOCOLATE	6.5
⓪ ⓪ CARROT - GINGER	6.5
⓪ ⓪ RED FRUITS	6.5
⓪ ⓪ MATCHA TEA - LEMON	6.5
⓪ ⓪ VANILLA	6.5

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