



THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

FINGER FOOD

→ served with bread or gluten free bread

GOUDA CHEESE olives & gouda cheese	6
BELGIAN SAUSAGE olives & dried sausage	6
☑ TWIX OLIVE TAPENADES green and black olives tapenade	6
☑ TWIX HOUMOUS chickpea and beans houmous	6
☑ TZATZIKI & DRIED TOMATOES dried tomatoes & tzatziki with soy yogurt	6
MIX TAPAS olives & gouda cheese & dried sausage	10
ANTIPASTI dried sausage, avocado, grilled pepper, artichoke, pickles, tzatziki, olive tapenade, dried tomato, mushroom	18
☑ VEGAN ANTIPASTI avocado, grilled pepper, artichoke, mushroom, dried tomato, tzatziki, olive tapenade, beetroot, pickles, bean & chickpea tapenade	18
☑ VEGAN "CHEESE" ANTIPASTI 3 diferents "cheese", avocado, dried tomato, grilled pepper, pickles, artichoke, olive tapenade	19

FALAFELS

→ served with a bowl of our home made vegan soup

☑🌱 SESAME LENTILS	14
☑🌱 GINGER LENTILS	14
☑🌱 BEETROOT BEANS	14

WELLNESS SEASONAL SOUP

→ served with bread or gluten free bread

☑ VEGETABLE SOUP	5
VEGETABLE SOUP with a boiled egg	7
VEGETABLE SOUP with goat cheese	8
☑ VEGETABLE SOUP with lentils	9

SALADS

→ served with bread or gluten free bread

☑ MOZZARISELLA mozzarisella "cheese", dried tomato, artichoke, kalamata olives	18
☑ SMOKEYRISELLA smokeyrisella "cheese", dried tomato, cucumber, avocado, walnuts	18
☑ BLUERISELLA bluerisella "cheese", brown lentils, celery, beetroot, walnuts	16
☑ CELERY & APPLE celery, apple, avocado, dried tomato, walnuts	14
☑ POMEGRANATE celery, apple, avocado, pomegranate, pumpkin seeds	14
☑ ARTICHOKE CARPACCIO artichoke, hazelnuts	14

BUDDHA BOWL

buckwheat, beetroot, apple, pomegranate,
rucola, sunflower seeds, sprouted shoots, tahini sauce

☑🌱 AVOCADO & RED BEANS	12
🌱 EGG & CHICKPEA	13
☑🌱 BLUERISELLA "CHEESE" & RED BEANS	14

☑ VEGAN

🌱 GLUTEN FREE ask for a gluten free bread

📶 CODE WIFI: THE SISTER
 PASSWORD: ORGANICTHESISTER

🍷 "WRAP UP" FOOD HERE
 we can wrap the rest of your food up

FOCACCIA SANDWICHES*

→ served with a cup of vegan soup/ ask for gluten free bread

⓪ GOOD TIMES	11
.....	
bluerisella "cheese", dried tomato, celery, walnuts, rucola	
THE GENIUS	11
.....	
gouda cheese, mayo, boiled egg, celery, pickles, lettuce	
ONLY YOU	12
.....	
bacon, gouda, mustard, avocado, pickles, lettuce	
ONLY ME	12
.....	
bacon, gouda cheese, pickles, fried egg, mayo, lettuce	
TOGETHER	12
.....	
bacon, gouda cheese, mushrooms, grilled pepper, rucola	
NICE TO MEET YOU	12
.....	
bacon, goat cheese, avocado, dried tomato, mushrooms, lettuce	
⓪ ABOUT US	12
.....	
mozzarisella "cheese", green olive tapenade, grilled pepper, celery, walnuts, lettuce	
⓪ ABOUT YOU	11
.....	
mozzarisella "cheese", black olives tapenade, avocado, tomato, rucola	
⓪ READY TO MOVE	12
.....	
mozzarisella "cheese", bean & chickpea tapenade, mushrooms, dried tomato, walnut, rucola	
NEVER CHANGE	12
.....	
goat cheese, avocado, dried tomato, celery, walnut, rucola	
LOLA	11
.....	
goat cheese, black olives tapenade, grilled pepper, rucola	
THE SISTER	11
.....	
goat cheese, beetroot, apple, walnuts, rucola	
⓪ THE BROTHER	12
.....	
smokeyrisella "cheese", artichoke, dried tomato, almond, rucola	
⓪ TAKE A SMILE	12
.....	
smokeyrisella "cheese", black olive tapenade, celery, dried tomato, avocado, sesame, sprouted shoots	
⓪ FOREVER YOUNG	10
.....	
avocado, apple, beetroot, mustard, cashew nuts, sprouted shoots	

WAFFLES

→ made with chickpea & rice flour & banana -sugar free-

AGAVE SYRUP	_____	
⓪ & banana		8
⓪ & banana, almonds		10
⓪ & banana, pomegranate, walnuts		11
PEANUT BUTTER	_____	
⓪ & banana		9
⓪ & vanilla ice cream		10
⓪ & banana, vanilla ice cream		12
CHOCOLATE	_____	
⓪ & vanilla ice cream		10
⓪ & banana, walnuts		11
⓪ & banana, vanilla ice cream		12
GOAT CHEESE	_____	
⓪ & almond, honey		10
⓪ & bacon, avocado, mushrooms, rucola		14
MOZZARISELLA "CHEESE"	_____	
⓪ & seitan "bacon", avocado, dried tomato, r		12
⓪ & avocado, dried tomato, walnuts, sprouted shoots		12
FRIED EGG	_____	
⓪ & bacon, avocado, mushrooms, rucola		14
⓪ & goat cheese, bacon, avocado, rucola		14

⓪ VEGAN

⓪ GLUTEN FREE ask for a gluten free bread

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BREAKFAST

→ available till 1 pm/ask for gluten free bread

TOAST

⓪ EXPRESS MORNING 5
 strawberry & blueberry jam, peanut butter, toast

⓪ FRUIT TOAST MORNING 9
 1x peanut butter, apple, walnuts, cinnamon
 1x blueberry jam, banana, chia & hemp seeds

CHEESE TOAST MORNING 10
 1x strawberry jam, goat cheese, sunflowers & hemp seeds
 1x gouda cheese, boiled egg, dried tomatoes, rucola

HEALTHY MORNING 12
 boiled egg, dried tomato, goat cheese, avocado, pickles,
 houmous, olive tapenade, almond, rucola, toast

FRIED EGG MORNING 14
 2 fried eggs, bacon, gouda cheese, avocado, mushrooms,
 pickles, toast

⓪ FRIED "VEGG" MORNING 14
 a fried "vegg", seitan "bacon", avocado, mushrooms,
 dried tomato, toast

OMELETTE MORNING

→ with chickpea, black olive tapenade, avocado, toast
 REGULAR 12

BACON 13

GOUDA CHEESE 13

VEGAN OMELETTE MORNING

→ with chickpea, black olive tapenade, avocado, toast
 ⓪ ONION 12

⓪ DRIED TOMATOES 13

⓪ SMOKEYRISELLA "CHEESE" 14

⓪ ARTICHOKE & MOZZARISELLA "CHEESE" 14

⓪ SEITAN "BACON" 14

WAFFLES

→ see our salty & sweet belgian waffles menu

SUPERFOODS BOWL

→ nutritionally dense bowl / available till 1 pm

GRILLED

⓪ ⓪ APPLE 10
 soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds,
 sesame, hazelnuts, fresh ginger, agave syrup, cinnamon

⓪ ⓪ BLUEBERRY 10
 soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds,
 almonds, agave syrup, cardamom

⓪ ⓪ RED FRUITS 10
 soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds,
 sunflower seeds, walnuts, dates, agave syrup

FRESH

⓪ ⓪ BANANA 12
 banana, pomegranate, walnuts, cajou nuts, pumpkin seeds,
 wheatgrass, goji berries

RAW CAKES

→ no bake, no flour, no refined sugars

⓪ ⓪ PEANUT BUTTER - CHOCOLATE 6.5

⓪ ⓪ CARROT - GINGER 6.5

⓪ ⓪ RED FRUITS 6.5

⓪ ⓪ MATCHA TEA - LEMON 6.5

⓪ ⓪ VANILLA 6.5

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Côntrole CERTISYS BE-BIO-01

-At least 80% per year of the financial value
 of our purchases comes from organic farming-