



THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

FINGER FOOD

→ served with bread

<p>  GOUDA CHEESE olives & gouda cheese</p>	6
<p>  BELGIAN SAUSAGE olives & dried sausage</p>	6
<p>  TWIX OLIVE TAPENADES green and black olives tapenade</p>	6
<p>  TWIX HOUMOUS chickpea and beans houmous</p>	6
<p>  TZATZIKI & DRIED TOMATOES dried tomatoes & tzatziki with soy yogurt</p>	6
<p> MIX TAPAS olives & gouda cheese & dried sausage</p>	10
<p> ANTIPASTI dried sausage, avocado, grilled pepper, artichoke, pickles, tzatziki, olive tapenade, dried tomato, mushroom</p>	18
<p>  VEGAN ANTIPASTI avocado, grilled pepper, artichoke, mushroom, pickles, tzatziki, olive tapenade, beetroot, dried tomatoes, hoummus</p>	18
<p>  VEGAN "CHEESE" ANTIPASTI 3 diferents "cheese", avocado, dried tomato, grilled pepper, pickles, artichoke, olive tapenade</p>	19

FALAFELS

→ served with a bowl of our home made vegan soup

  SESAME LENTILS	14
  GINGER LENTILS	14
  BEETROOT BEANS	14

WELLNESS SEASONAL SOUP

→ served with bread

  VEGETABLE SOUP	5
 VEGETABLE SOUP with a boiled egg	7
 VEGETABLE SOUP with goat cheese	8
  VEGETABLE SOUP with lentils	9

SALADS

→ served with bread

  MOZZARISELLA mozzarisella "cheese", tomato, artichoke, kalamata olives	18
  SMOKEYRISELLA smokeyrisella "cheese", tomato, cucumber, avocado, walnuts	18
  BLUERISELLA bluerisella "cheese", brown lentils, celery, beetroot, walnuts	16
  CELERY & APPLE celery, apple, avocado, dried tomato, walnuts	14
  POMEGRANATE celery, apple, avocado, pomegranate, pumpkin seeds	14
  ARTICHOKE CARPACCIO artichoke, hazelnuts	14
  BEETROOT CARPACCIO beetroot, pumpking seeds, soy yogurt	12

BUDDHA BOWL

buckwheat, beetroot, apple, pomegranate,
arugula, sunflower seeds, sprouted shoots, tahini sauce

  AVOCADO & RED BEANS	12
 EGG & CHICKPEA	13
  BLUERISELLA "CHEESE" & RED BEANS	14

 VEGAN

 GLUTEN FREE

 CODE WIFI: THE SISTER
PASSWORD: ORGANICTHESISTER

 "WRAP UP" FOOD HERE
we can wrap the rest of your food up

FOCACCIA SANDWICHES

→ served with a cup of our home made vegan soup

🌱🌱 GOOD TIMES	11
bluerisella "cheese", tomato, cucumber, walnuts, arugula	
🌱 THE GENIUS	11
gouda cheese, "mayo", boiled egg, cucumber, tomato, salad	
🌱 ONLY YOU	12
bacon, gouda cheese, mustard, avocado, cucumber, salad	
🌱 ONLY ME	12
bacon, gouda cheese, cucumber, fried egg, "mayo", salad	
🌱 TOGETHER	12
bacon, gouda cheese, mushrooms, grilled pepper, arugula	
🌱 NICE TO MEET YOU	12
bacon, goat cheese, avocado, tomato, mushrooms, salad	
🌱🌱 ABOUT US	12
mozzarisella "cheese", green olive tapenade, grilled pepper, cucumber, walnuts, salad	
🌱🌱 ABOUT YOU	11
mozzarisella "cheese", black olives tapenade, avocado, tomato, arugula	
🌱🌱 READY TO MOVE	12
mozzarisella "cheese", mushrooms, tomato, hazelnuts, salad	
🌱 NEVER CHANGE	12
goat cheese, avocado, tomato, cucumber, walnut, arugula	
🌱 LOLA	11
goat cheese, black olives tapenade, grilled pepper, arugula	
🌱 THE SISTER	11
goat cheese, beetroot, apple, walnuts, arugula	
🌱🌱 THE BROTHER	12
smokeyrisella "cheese", black olives tapenade, avocado, tomato, sesame, salad	
🌱 MAKE ME SMILE	12
seitan "bacon", mozzarisella "cheese", tomato, cucumber, arugula	
🌱 TAKE A SMILE	12
seitan "bacon", tomato, avocado, mushrooms, "mayo", salad	
🌱🌱 FOREVER YOUNG	10
avocado, apple, beetroot, mustard, cashew nuts, salad	

WAFFLES

→ made with chickpea & rice flour & banana -sugar free-

SWEET	
🌱🌱 BELGIAN CLASSIC	6
topped with agave syrup	
🌱🌱 POMEGRANATE	11
topped with banana, pomegranate, almonds, agave syrup	
🌱🌱 BANANA FOSTER	12
topped with banana, vanilla ice cream, agave syrup	
🌱🌱 PEANUT FOSTER	12
topped with banana, vanilla ice cream, peanut butter	
🌱🌱 HEALTHY NUT	13
walnuts inside, topped with vanilla ice cream, almonds, sesame	
🌱🌱 IS BLACK	8
topped with dark chocolate	
🌱🌱 IS WHITE	8
topped with white chocolate	
🌱🌱 BLACK AND WHITE	9
topped with dark and white chocolate	
🌱🌱 IS BLACK AND ICE CREAM	12
topped with banana, vanilla ice cream, dark chocolate	
🌱🌱 RASPBERRY WHITE	13
raspberries inside, topped vanilla ice cream, white chocolate	
🌱🌱 BLUEBERRY DARK	13
blueberries inside, topped vanilla ice cream, dark chocolate	
SALTY	
🌱 CHEESE & HONEY	10
topped with goat cheese, almond, honey	
🌱 CHEESE & DRIED TOMATO	12
topped with goat cheese, avocado, mushrooms, dried tomato, sprouted shoots	
🌱🌱 VEGAN CAPRESE	12
topped with mozzarisella "cheese", tomato, artichoke, kalamata olives, arugula	
🌱🌱 VEGAN SUNRISE	12
topped with smokeyrisella "cheese", dried tomato, avocado, walnuts, sprouted shoots	
🌱 VEGAN HISTORY	12
topped with mozzarella "cheese", seitan "bacon", tomato, avocado, arugula	
🌱 EGG & BACON	14
topped with bacon, avocado, mushrooms, fried egg, salad	
🌱 EGG & CHEESE	14
topped with bacon, goat cheese, avocado, fried egg, arugula	
🌱 CHEESE & BACON	14
topped with bacon, goat cheese, avocado, mushroom, arugula	

BREAKFAST

→ available till 1pm

TOAST	
Ⓟ Ⓡ EXPRESS MORNING	5
strawberry & blueberry jam, peanut butter, toast	
Ⓟ Ⓡ FRUIT TOAST MORNING	9
1x peanut butter, apple, walnuts, cinnamon 1x blueberry jam, banana, chia & hemsps seeds	
Ⓡ CHEESE TOAST MORNING	10
1x strawberrie jam, goat cheese, sunflowers & hemsps seeds 1x gouda cheese, boiled egg, dried tomatoes, arugula	
EGGS	
Ⓡ HEALTHY MORNING	12
boiled egg, dried tomato, goat cheese, avocado, houmous, olive tapenade, almond, arugula, toast	
Ⓡ FRIEG EGG MORNING	14
2 fried eggs, bacon, gouda cheese, avocado, mushrooms, toast	
Ⓟ FRIED "VEGG" MORNING	14
a fried "vegg", seitan "bacon", avocado, mushrooms, toast	
OMELETTE MORNING	
→ with chickpea, black olive tapenade, avocado, toast	
Ⓡ REGULAR	12
Ⓡ BACON	13
Ⓡ GOUDA CHEESE	13
VEGAN OMELETTE MORNING	
→ with chickpea, black olive tapenade, avocado, toast	
Ⓟ Ⓡ ONION	12
Ⓟ Ⓡ DRIED TOMATOES	13
Ⓟ Ⓡ SMOKEYRISELLA "CHEESE"	14
Ⓟ Ⓡ ARTICHOKE & MOZZARISELLA "CHEESE"	14
Ⓟ SEITAN "BACON"	14

SUPERFOODS BOWL

→ nutritionnally dense bowl / available till 1pm

GRILLED	
Ⓟ Ⓡ APPLE	10
soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
Ⓟ Ⓡ BLUEBERRY	10
soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	
Ⓟ Ⓡ RED FRUITS	10
soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds, sunflower seeds, walnuts, dates, agave syrup	
FRESH	
Ⓟ Ⓡ BANANA	12
banana, pomegrenate, walnuts, cashew nuts, pumpkin seeds, wheatgrass, goji berries	

MINI RAW CAKES

→ no bake, no flour, no refined sugars

Ⓟ Ⓡ PEANUT BUTTER - CHOCOLATE	6.5
cacao, peanut butter, walnuts, cashew nuts, dates, coconut oil, agave syrup, salt	
Ⓟ Ⓡ CARROT - GINGER	6.5
carrot, ginger, lemon, walnuts, almonds, dates, agave syrup, cinnamon, nutmeg, salt	
Ⓟ Ⓡ RASPBERRIES	6.5
raspberries, cashew nuts, walnuts, lemon, coconut milk, dried coconut, coconut oil, agave syrup	
Ⓟ Ⓡ MATCHA TEA - LEMON	6.5
matcha tea powder, lemon, cashew nuts, almonds, coconut oil, agave syrup	
Ⓟ Ⓡ VANILLA - COCONUT	6.5
vanilla powder, cajshew nuts, dried coconut, coconut oil, agave syrup, salt	

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Ⓡ GLUTEN FREE

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Côntrole CERTISYS BE-BIO-01

-At least 80% per year of the financial value
of our purchases comes from organic farming-