



THE SISTER

ORGANIC *Brussels Café* RHYTHM

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS
 VEGAN FRIENDLY • GLUTEN FREE OPTIONS • RAW DESSERTS

FINGER FOOD

→ served with bread

Ⓜ	GOUDA CHEESE	6.5
	olives & gouda cheese	
Ⓜ	BELGIAN SAUSAGE	6.5
	olives & dried sausage	
Ⓜ	TWIX HOUMOUS	8
	chickpeas, beans and lentils houmous	
Ⓜ	TZATZIKI & DRIED TOMATOES	6.5
	dried tomatoes & tzatziki with soy yogurt	
Ⓜ	MIX TAPAS	12
	olives & gouda cheese & dried sausage	
Ⓜ	ANTIPASTI	20
	dried sausage, avocado, grilled pepper, artichoke, pickles, tzatziki, olive tapenade, dried tomatoes, mushroom, houmous	
Ⓜ	VEGAN ANTIPASTI	20
	avocado, grilled pepper, artichoke, mushroom, pickles, tzatziki, olive tapenade, beetroot, dried tomatoes, houmous	
Ⓜ	VEGAN "CHEESE" ANTIPASTI	22
	3 diferents "cheese", avocado, dried tomato, grilled pepper, pickles, artichoke, olive tapenade, houmous	

FALAFELS

→ served with a bowl of our home made vegan soup

Ⓜ	SESAME LENTILS	16
Ⓜ	GINGER LENTILS	16
Ⓜ	BEETROOT BEANS	16

WELLNESS SEASONAL SOUP

→ served with bread

Ⓜ	VEGETABLE SOUP	6.5
Ⓜ	VEGETABLE SOUP with a boiled egg	10
Ⓜ	VEGETABLE SOUP with goat cheese	10
Ⓜ	VEGETABLE SOUP with lentils	10

SALADS

→ served with bread

Ⓜ	MOZZARISELLA	18
	mozzarisella "cheese", artichoke, kalamata olives	
Ⓜ	SMOKEYRISELLA	18
	smokeyrisella "cheese", dried tomato, celery, avocado, walnuts	
Ⓜ	BLUERISELLA	18
	bluerisella "cheese", brown lentils, celery, beetroot, walnuts	
Ⓜ	CELERY & APPLE	16
	celery, apple, avocado, dried tomato, walnuts	
Ⓜ	POMEGRANATE	16
	celery, apple, avocado, pomegranate, pumpkin seeds	
Ⓜ	ARTICHOKE CARPACCIO	16
	artichoke, hazelnuts	
Ⓜ	BEETROOT CARPACCIO	14
	beetroot, pumpking seeds, soy yogurt	

BUDDHA BOWL

buckwheat, beetroot, apple, pomegranate, arugula, sunflower seeds, sprouted shoots, tahini sauce

Ⓜ	AVOCADO & RED BEANS	14
Ⓜ	EGG & CHICKPEAS	14
Ⓜ	BLUERISELLA "CHEESE" & RED BEANS	15

Ⓜ VEGAN

Ⓜ GLUTEN FREE

📶 CODE WIFI: THE SISTER
 PASSWORD: ORGANICTHESISTER

Ⓜ "WRAP UP" FOOD HERE
 we can wrap the rest of your food up

FOCACCIA SANDWICHES

→ served with a cup of our home made vegan soup

🌱🌱 GOOD TIMES	12
bluerisella "cheese", tomato, walnuts, arugula	
🌱 THE GENIUS	12
gouda cheese, "mayo", boiled egg, pickles, salad	
🌱 ONLY YOU	12
bacon, gouda cheese, mustard, avocado, pickles, salad	
🌱 ONLY ME	12
bacon, gouda cheese, avocado, fried egg, "mayo", salad	
🌱 TOGETHER	12
bacon, gouda cheese, mushrooms, grilled pepper, arugula	
🌱 NICE TO MEET YOU	12
bacon, goat cheese, avocado, mushrooms, dried tomato, salad	
🌱🌱 ABOUT US	12
mozzarisella "cheese", green olive tapenade, grilled pepper, walnuts, salad	
🌱🌱 ABOUT YOU	12
mozzarisella "cheese", black olives tapenade, avocado, dried tomato, arugula	
🌱🌱 READY TO MOVE	12
mozzarisella "cheese", mushrooms, dried tomato, chickpeas houmous, hazelnuts, salad	
🌱 NEVER CHANGE	12
goat cheese, avocado, dried tomato, walnut, arugula	
🌱 LOLA	12
goat cheese, black olives tapenade, grilled pepper, arugula	
🌱 THE SISTER	12
goat cheese, beetroot, apple, walnuts, arugula	
🌱🌱 THE BROTHER	12
smokeyrisella "cheese", black olives tapenade, avocado, dried tomato, sesame, salad	
🌱 MAKE ME SMILE	12
seitan "bacon", mozzarisella "cheese", artichoke, walnuts, arugula	
🌱 TAKE A SMILE	12
seitan "bacon", avocado, mushrooms, "mayo", salad	
🌱🌱 FOREVER YOUNG	12
avocado, apple, beetroot, mustard, cashew nuts, salad	

WAFFLES

→ made with chickpea & rice flour & banana -sugar free-

SWEET	
🌱🌱 BELGIAN CLASSIC	6
topped with agave syrup	
🌱🌱 POMEGRANATE	12
topped with banana, pomegranate, almonds, agave syrup	
🌱🌱 BANANA FOSTER	12
topped with banana, vanilla ice cream, agave syrup	
🌱🌱 PEANUT FOSTER	12
topped with banana, vanilla ice cream, peanut butter	
🌱🌱 HEALTHY NUTS	13
walnuts inside, topped with vanilla ice cream, almonds, sesame	
🌱🌱 IS BLACK	9
topped with dark chocolate	
🌱🌱 IS WHITE	9
topped with white chocolate	
🌱🌱 BLACK AND WHITE	10
topped with dark and white chocolate	
🌱🌱 IS BLACK AND ICE CREAM	12
topped vanilla ice cream, dark chocolate	
🌱🌱 RASPBERRY WHITE	14
raspberries inside, topped vanilla ice cream, white chocolate	
🌱🌱 BLUEBERRY DARK	14
blueberries inside, topped vanilla ice cream, dark chocolate	
SALTY	
🌱 ALMOND & HONEY	12
topped with goat cheese, almond, honey	
VEGETARIAN HEAVEN	14
topped with vegan bacon, goat cheese, avocado, mushroom, arugula	
🌱🌱 VEGAN CAPRESE	14
topped with mozzarisella "cheese", dried tomato, artichoke, kalamata olives, arugula	
🌱🌱 VEGAN SUNRISE	14
topped with smokeyrisella "cheese", dried tomato, avocado, walnuts, sprouted shoots	
🌱 VEGAN HISTORY	14
topped with mozzarella "cheese", seitan "bacon", avocado, dried tomato, avocado, arugula	
🌱 FOODIE PARODY	14
topped with bacon, avocado, mushrooms, fried egg, salad	
🌱 CHEESY PARODY	14
topped with bacon, goat cheese, avocado, fried egg, arugula	

BREAKFAST

→ available till 1pm

TOAST _____	
Ⓢ Ⓡ EXPRESS MORNING	7
strawberry & blueberry jam, peanut butter, toast	
Ⓢ Ⓡ FRUIT TOAST MORNING	12
1x peanut butter, apple, walnuts, cinnamon 1x blueberry jam, banana, chia & hemsps seeds	
Ⓢ CHEESE TOAST MORNING	12
1x strawberrie jam, goat cheese, sunflowers & hemsps seeds 1x gouda cheese, boiled egg, dried tomatoes, arugula	
EGGS _____	
Ⓢ HEALTHY MORNING	14
boiled egg, dried tomatoes, goat cheese, avocado, houmous, olive tapenade, almond, arugula, toast	
Ⓢ FRIED EGG MORNING	14
2 fried eggs, bacon, gouda cheese, avocado, mushrooms, toast	
Ⓢ FRIED "VEGG" MORNING	14
a fried "vegg", seitan "bacon", avocado, mushrooms, toast	
OMELETTE MORNING _____	
→ with chickpeas, black olive tapenade, avocado, toast	
Ⓢ REGULAR	12
Ⓢ BACON	13
Ⓢ GOUDA CHEESE	13
VEGAN OMELETTE MORNING _____	
→ with chickpeas, black olive tapenade, avocado, toast	
Ⓢ Ⓡ ONION	12
Ⓢ Ⓡ DRIED TOMATOES	13
Ⓢ Ⓡ SMOKEYRISELLA "CHEESE"	14
Ⓢ Ⓡ ARTICHOKE & MOZZARISELLA "CHEESE"	14
Ⓢ SEITAN "BACON"	14

SUPERFOODS BOWL

→ nutritionnally dense bowl / available till 1pm

GRILLED _____	
Ⓢ Ⓡ APPLE	12
soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon	
Ⓢ Ⓡ BLUEBERRY	12
soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom	
Ⓢ Ⓡ RED FRUITS	12
soy yogurt & coconut oil, grilled red fruits, chia, pumpkin seeds, sunflower seeds, walnuts, dates, agave syrup	
FRESH _____	
Ⓢ Ⓡ BANANA	12
banana, pomegrenate, walnuts, cashew nuts, pumpkin seeds, wheatgrass, goji berries	

MINI RAW CAKES

→ no bake, no flour, no refined sugars

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Ⓢ Ⓡ PEANUT BUTTER - CHOCOLATE	6.5
cacao, peanut butter, walnuts, cashew nuts, dates, coconut oil, agave syrup, salt	
Ⓢ Ⓡ CARROT - GINGER	6.5
carrot, ginger, lemon, walnuts, almonds, dates, agave syrup, cinnamon, nutmeg, salt	
Ⓢ Ⓡ RASPBERRIES	6.5
raspberries, cashew nuts, walnuts, lemon, coconut milk, dried coconut, coconut oil, agave syrup	
Ⓢ Ⓡ MATCHA TEA - LEMON	6.5
matcha tea powder, lemon, cashew nuts, almonds, coconut oil, agave syrup	

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Côntrole CERTISYS BE-BIO-01

-At least 80% per year of the financial value
 of our purchases comes from organic farming-