

HOME MADE • FOOD PRODUCED BY ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS VEGAN FRIENDLY • GLUTEN FREE • RAW DESSERTS

FINGER FOOD		WELLNESS SEASONAL SOUP	
<ul> <li>→ served with bread</li> <li>         \( \extstyle \) HOUMOUS         chickpeas, beans and lentils houmous          \( \extstyle \) GOUDA CHEESE         olives &amp; gouda cheese     </li> </ul>	10	→ served with bread  ③ ③ VEGETABLE SOUP  ③ ③ VEGETABLE SOUP topping with LENTILS	8.5 10
MIX TAPAS     olives & gouda cheese & dried sausage	15	FOCACCIA SANDWICHES  → served with a cup of our home made vegan soup	
∀ VEGAN ANTIPASTI     avocado, grilled pepper, artichoke, mushroom, pickles, beet mozzaresilla "cheese", olive tapenade, dried tomato, houmo     ANTIPASTI     dried sausage, avocado, grilled pepper, artichoke, pickles, olive tapenade, dried tomato, mushroom, houmous	us	<ul><li>THE GENIUS gouda cheese, "mayo", boiled egg, cucumber, tomatoes, sala</li><li>ONLY YOU</li></ul>	15 ad 15
	26	bacon, gouda cheese, mustard, avocado, pickles, salad  ③ ONLY ME bacon, gouda cheese, avocado, fried egg, "mayo", salad	16
SALADS → served with bread	••••	<ul><li>TOGETHER bacon, gouda cheese, grilled pepper, cucumber, arugula</li><li>NICE TO MEET YOU</li></ul>	15 15
	16	bacon, goat cheese, avocado, mushrooms, salad	15 oes, 15
FALAFELS  → served with a bowl of our home made vegan soup		<ul><li>NEVER CHANGE goat cheese, avocado, tomatoes, cucumber, walnut, arugula</li><li>LOLA</li></ul>	15 15
	16 16	goat cheese, black olives tapenade, grilled pepper, arugula  THE SISTER goat cheese, beetroot, apple, walnuts, arugula	15
BUDDHA BOWL		THE BROTHER smokeyrisella "cheese", black olives tapenade, avocado, cucumber, sesame, salad	15
warm buckwheat and red beans, with beetroot, pomegranate apple, arugula, sunflower seeds, sprouted shoots, tahini sauc    ③		▼  ⑤  ⑤  TAKE A SMILE  vegan "bacon", avocado, tomatoes, cucumber, "mayo", salad  **  **  **  **  **  **  **  **  **	15 I
BOILED EGG	15	☑  ⑤  MAKE ME SMILE  vegan "bacon", mozzarisella "cheese", artichoke, cucumber,  arugula	15

## WAFFLES

→ made with chickpea & rice flour, soy milk, banana -sugar free-(V) BELGIAN CLASSIC 6 topped with agave syrup 10 topped with dark chocolate BLACK AND WHITE 10 topped with dark and white chocolate **V** S IS BLACK AND ICE CREAM 12 topped vanilla ice cream, dark chocolate **♥** POMEGRANATE 12 topped with banana, pomegranate, almonds, agave syrup (V) PEANUT FOSTER 12 topped with banana, vanilla ice cream, peanut butter 14 (3) RASPBERRY WHITE raspberries inside, topped vanilla ice cream, white chocolate (V) BLUEBERRY DARK 14 blueberries inside, topped vanilla ice cream, dark chocolate SAVORY VEGETARIAN HEAVEN topped with vegan "bacon", goat cheese, avocado, mushroom, arugula **W** SUNRISE 14 topped with smokeyrisella "cheese", dried tomato, avocado, walnuts, sprouted shoots ✓ ⑤ VEGAN HISTORY topped with vegan "bacon", mozzarisella "cheese", avocado, dried tomato, arugula **⑤** FOODIE PARODY 15 topped with bacon, avocado, mushrooms, fried egg, salad CHEESY PARODY 15 topped with bacon, goat cheese, avocado, fried egg, arugula

## RAW CAKE

no bake, no flour,

(V) (S) PEANUT BUTTER - CHOCOLATE cacao, peanut butter, walnuts, cashew nuts, dates, coconut oil, agave syrup, salt

## BREAKFAST

→ available till 1pm

TOAST  (*) **EXPRESS MORNING strawberry & blueberry jam, peanut butter, toast	 — 8
<ul><li>CHEESE TOAST MORNING</li><li>1x strawberrie jam, goat cheese, sunflowers &amp; hemps seeds</li><li>1x gouda cheese, boiled egg, dried tomato, arugula</li></ul>	13 s
EGGS  BEALTHY MORNING boiled egg, dried tomato, goat cheese, avocado, houmous olive tapenade, arugula, toast	 15 5,
<ul><li>EGGS &amp; BACON MORNING</li><li>2 fried eggs, bacon, gouda cheese, avocado, mushrooms, t</li></ul>	15 oast
<ul><li>SPINACH OMELETTE</li><li>3 eggs &amp; spinach, black olives tapenade, avocado, toast</li></ul>	15
<ul><li>BACON OMELETTE</li><li>3 eggs &amp; bacon, black olives tapenade, avocado, toast</li></ul>	16
VEGAN EGGS	 15 do,
	15 ast
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	16

## SUPERFOODS BOWL

→ nutritionnally dense bowl / available till 1pm

GRILLED\_

**₩**APPLE

soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon

(v) (§) BLUEBERRY

12

12

soy yogurt & coconut oil, grilled blueberries, chia, poppy seeds, almonds, agave syrup, cardamom

- "WRAP UP" FOOD HERE we can wrap the rest of your food up
- (v) VEGAN
- ( GLUTEN FREE

