

HOME MADE • FOOD PRODUCED by ORGANIC FARMING • WHOLE FOOD & HEALTHY INGREDIENTS VEGAN FRIENDLY • GLUTEN FREE • RAW DESSERTS

FINGER FOOD		WELLNESS SEASONAL SOUP	
	• • • • •	→ served with bread	
♥ ® HOUMOUS	12	♥ VEGETABLE SOUP	8.5
chickpeas, beans and lentils houmous & tortilla chips B DRIED SAUSAGE & OLIVES	12	ஂ VEGETABLE SOUP topping with LENTILS	10
dried sausage & olives ③ GOUDA CHEESE & DRIED SAUSAGE	12		
gouda cheese & dried sausage	12	FOCACCIA SANDWICHES	
∀	26	→ served with a cup of our home made vegan soup	
avocado, grilled pepper, artichoke, mushroom, pickles, mozzarisella "cheese", olive tapenade, beetroot, houmous, dried tomatoes, tortilla chips	,	gouda cheese, "mayo", boiled egg, pickles, salad	15
	26	③ ONLY YOU bacon, gouda cheese, mustard, avocado, pickles, salad	15
dried sausage, avocado, grilled pepper, artichoke, houmou		O ONLY ME	1.0
olive tapenade, dried tomato, mushroom, pickles, tortilla c		bacon, gouda cheese, avocado, fried egg, "mayo", salad	16
			15
CALADO		bacon, gouda cheese, grilled pepper, pickles, arugula	
SALADS		③ NICE TO MEET YOU bacon, goat cheese, grilled peppers, avocado, salad	15
→ served with bread		OR APOLIT VOLL	
♥® CELERY & APPLE	16	mozzarisella "cheese", black olives tapenade, avocado, arugula	15 a
celery, pomme, avocado, walnuts		(A) NEVED CHANCE	15
	16	goat cheese, avocado, dried tomatoes, walnut, arugula	13
pomegrenade, avocado, apple, celery, pumpking seed		§ LOLA goat cheese, black olives tapenade, grilled pepper, arugula	15
FALAFELS			15
→ served with a bowl of our home made vegan soup		goat cheese, beetroot, apple, walnuts, arugula (P) (S) FOREVER YOUNG	
	• • • • •	mozzarisella "cheese", scrambled "eggs", black olives tapenad	16 le,
⊗ SESAME LENTILS	16	avocado,sesame, salad	•
③ GINGER LENTILS	16		
BUDDHA BOWL		RAW CAKE no bake, no flour, no eggs	
	• • • •		••
warm buckwheat and red beans, with beetroot, pomegrana apple, arugula, sunflower seeds, sprouted shoots, tahini sau		cacao powder, peanut butter, walnuts, almonds, cajou nuts, coconut oil, dried coconut, agave syrup, salt	8
	15		8
BOILED EGG	15	matcha tea powder, walnuts, almonds, cajou nuts, coconut of dried coconut, lemon, agave syrup	_

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WAFFLES

→ made with chickpea, corn, rice, potato, soy milk & banar SWEET	na
	6
(V) IS BLACK topped with dark chocolate	10
BLACK AND WHITE topped with dark and white chocolate	10
	12
	12
	13
DOUBLE CHOCOLATE dark chocolate inside, topped with dark white chocolate	13
	15 late
RASPBERRY RED VELVET beetroot & raspberry inside, topped with vanilla ice cream, white chocolate	15
SAVORY	
WEGETARIAN HEAVEN spinach & garlic inside, topped with goat cheese, avocado, mushroom, hazelnuts, arugula	15
spinach & garlic inside, topped with goat cheese, avocado,	15 15
spinach & garlic inside, topped with goat cheese, avocado, mushroom, hazelnuts, arugula © ③ VEGAN SUNRISE spinach & garlic inside, topped with mozzarisella "cheese",	
spinach & garlic inside, topped with goat cheese, avocado, mushroom, hazelnuts, arugula © ③ VEGAN SUNRISE spinach & garlic inside, topped with mozzarisella "cheese", dried tomato, avocado, walnuts, sprouted shoots © ③ VEGAN HISTORY spinach & garlic inside, topped with vegan "bacon",	15

BREAKFAST

→ available till 1pm				
TOAST				
 CHEESE TOAST MORNING 1x strawberrie jam, goat cheese & sunflower seeds 1x gouda cheese, boiled egg, dried tomatoes, arugula EGGS 	13			
# HEALTHY MORNING boiled egg, dried tomato, goat cheese, avocado, houmou olive tapenade, arugula, toast	15 s,			
EGGS & BACON MORNING	15			
2 fried eggs, bacon, gouda cheese, avocado, mushrooms, toast				
\$\mathbb{\seta}\$ SPINACH OMELETTE3 eggs & spinach, black olives tapenade, avocado, toast	15			
BACON OMELETTE3 eggs & bacon, black olives tapenade, avocado, toast	16			
VEGAN EGGS				
▼	15 s,			
FRIED VEGAN "EGG" MORNING 2 fried vegan "eggs", tofu "bacon", mushrooms, avocado, olive tapenade, toast	15			
SCRAMBLED "EGGS" tofu scramble "eggs", avocado, black olives tapenade, toas	15 st			
TOFU "BACON" & SCRAMBLED "EGGS" tofu "bacon" & tofu scramble "eggs", black olives tapenad avocado, toast	16 e,			
SUPERFOODS BOWL * nutritionnally dense bowl / available till 1pm				

soy yogurt & coconut oil, grilled apples, chia, pumpkin seeds, sesame, hazelnuts, fresh ginger, agave syrup, cinnamon

- (WRAP UP" FOOD HERE we can wrap the rest of your food up
- VEGAN
- GLUTEN FREE